

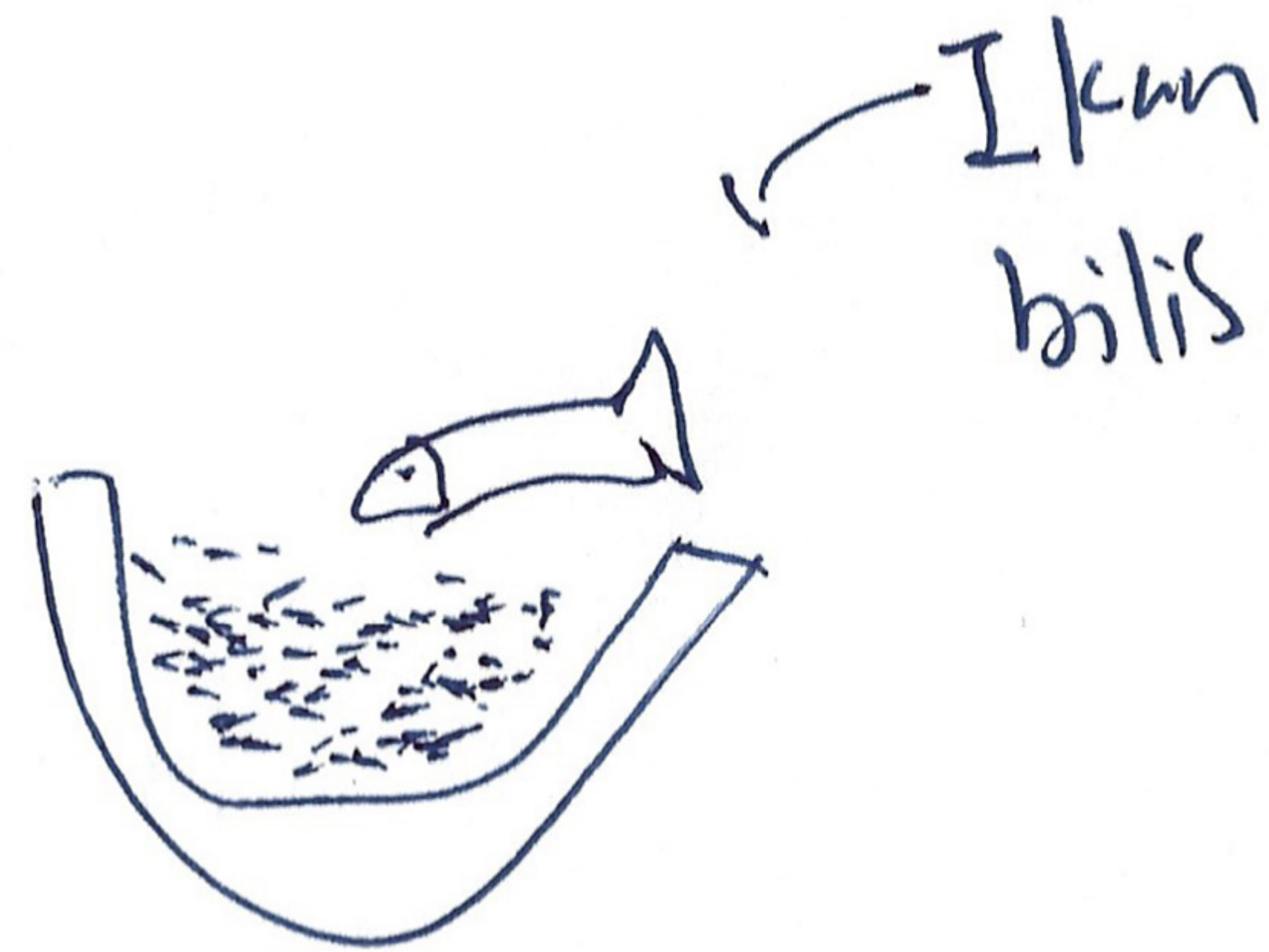
THIS IS
WHAT I
EAT AT
HOME

LUCAS

Experiment
and have
FUN!



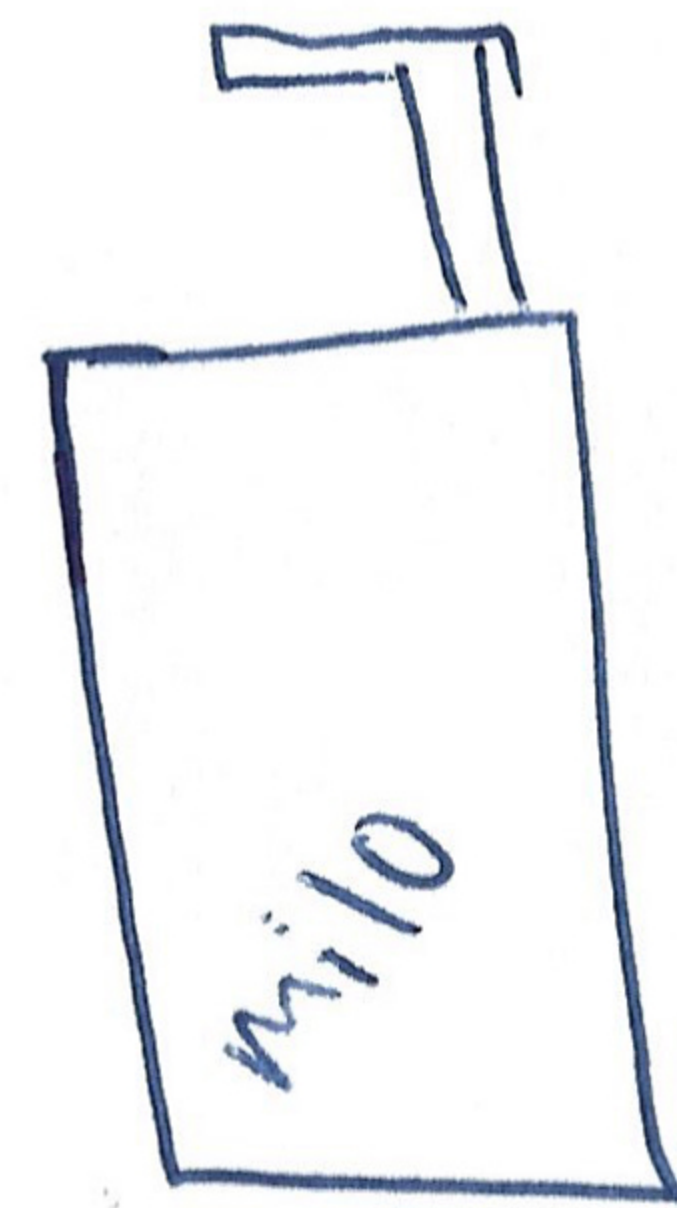
Fill the
bowl
with anything.



Record your meals for a day in words or drawings.

Date: 30/3/2024

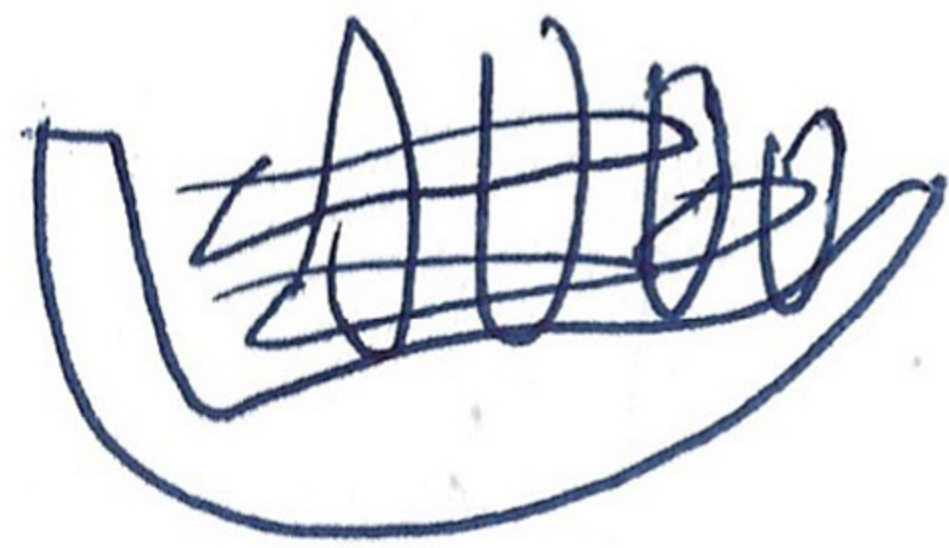
Breakfast



Time: 11 am

Lunch

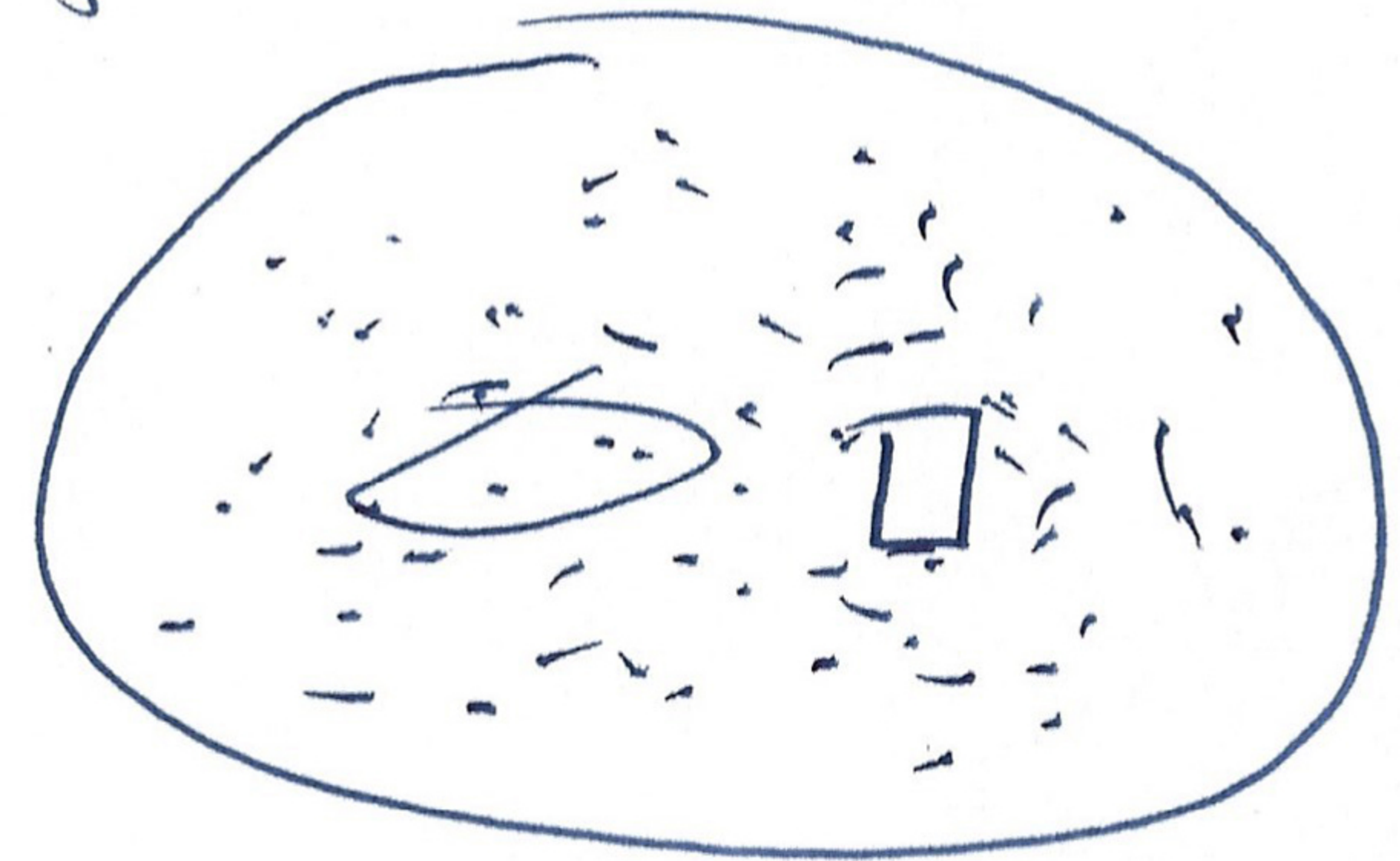
maggi
noodle



Time: 2pm

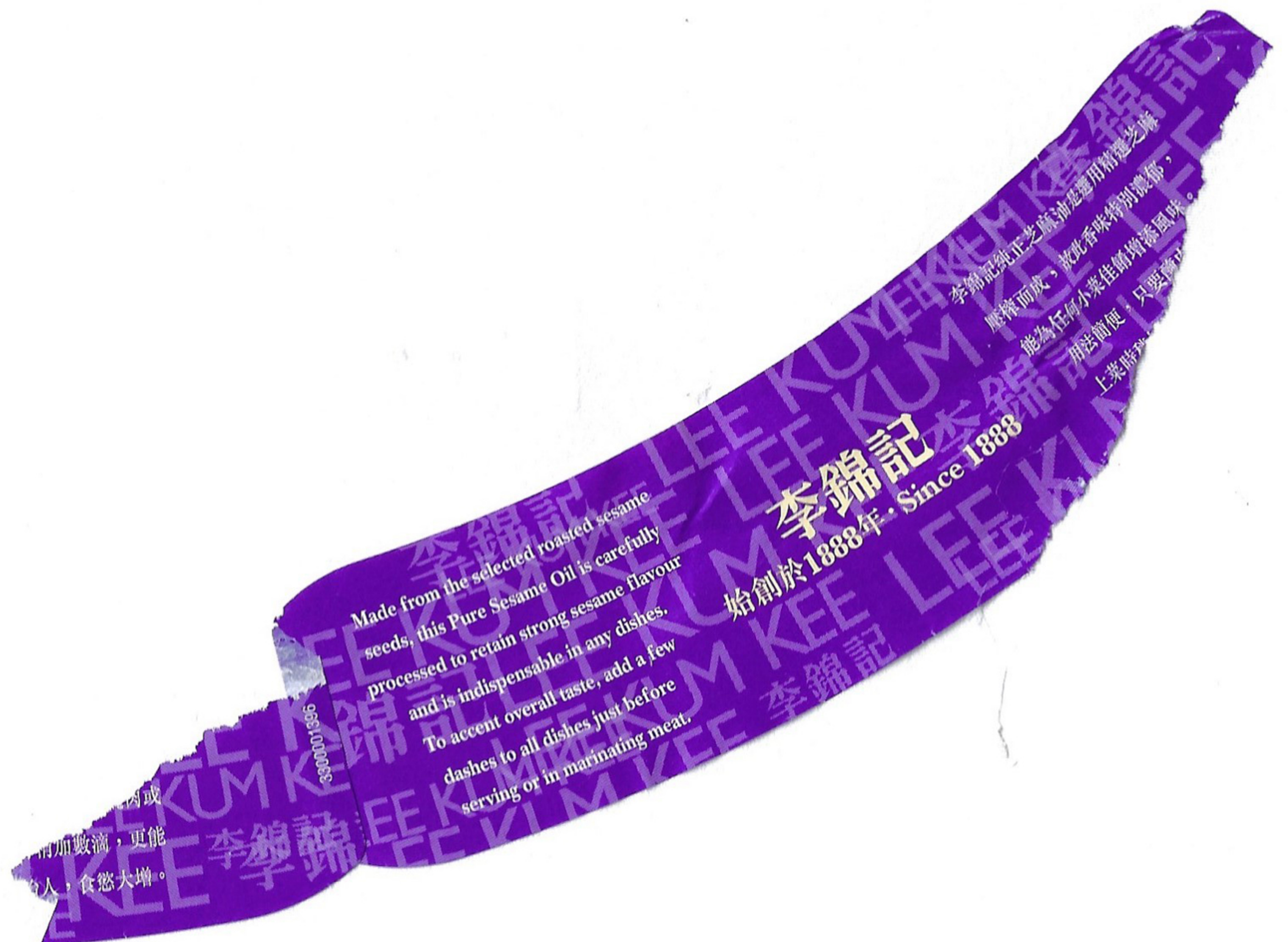
Dinner

Pineapple
fried rice

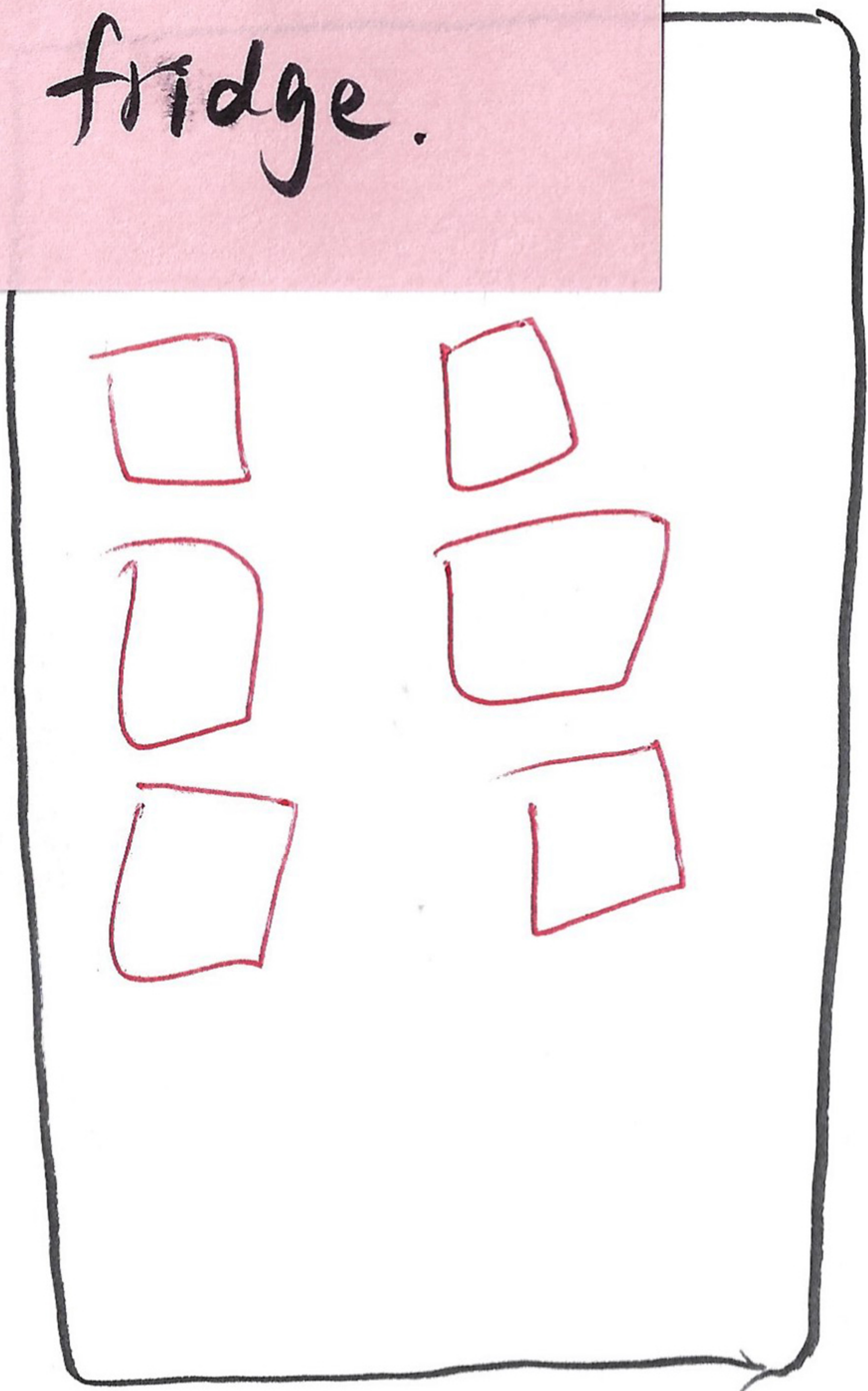


Time: 6.45pm

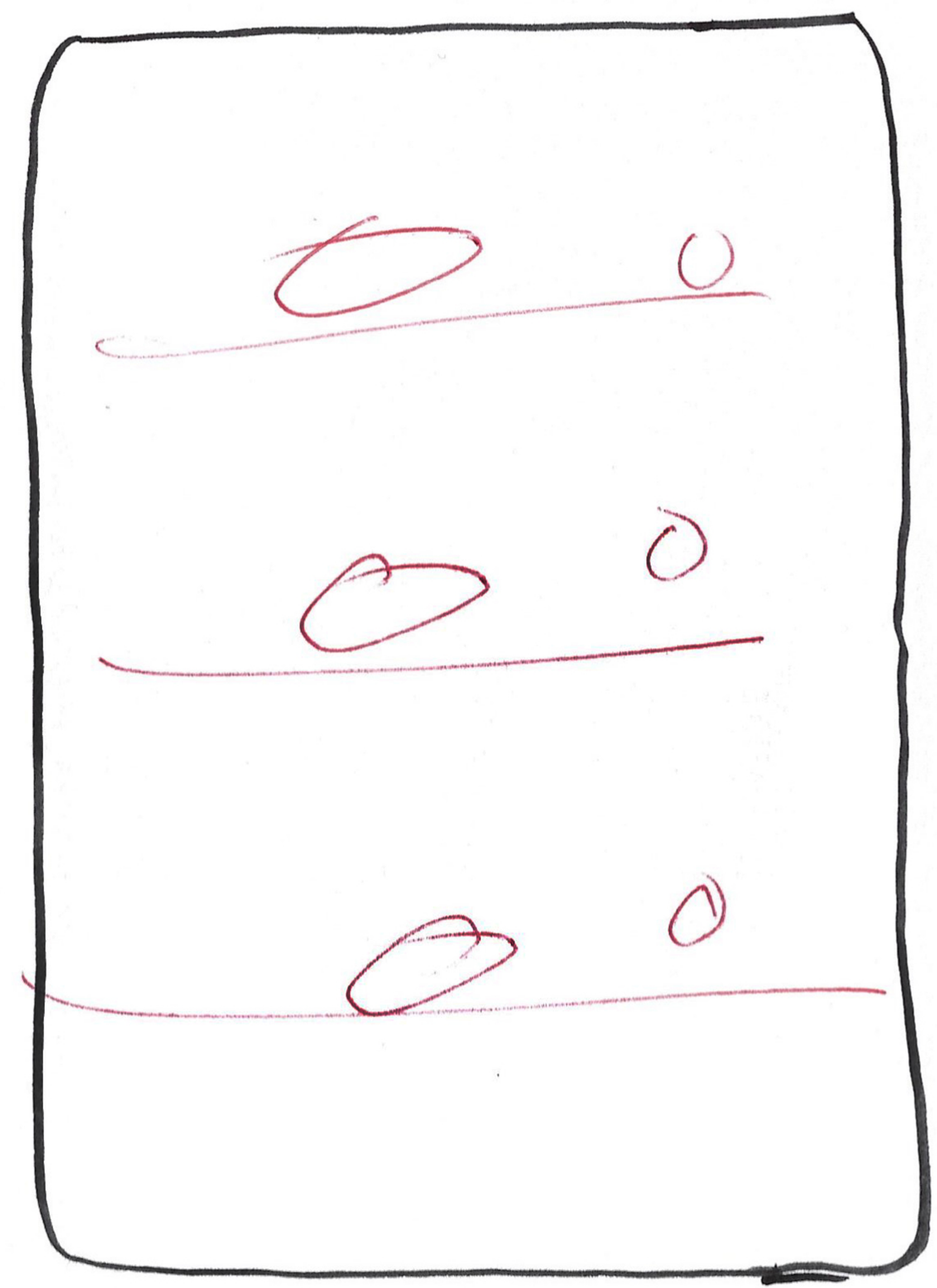
Tear off the
sticky labels
from the food
and stick them
here.



Draw
your
home
fridge.

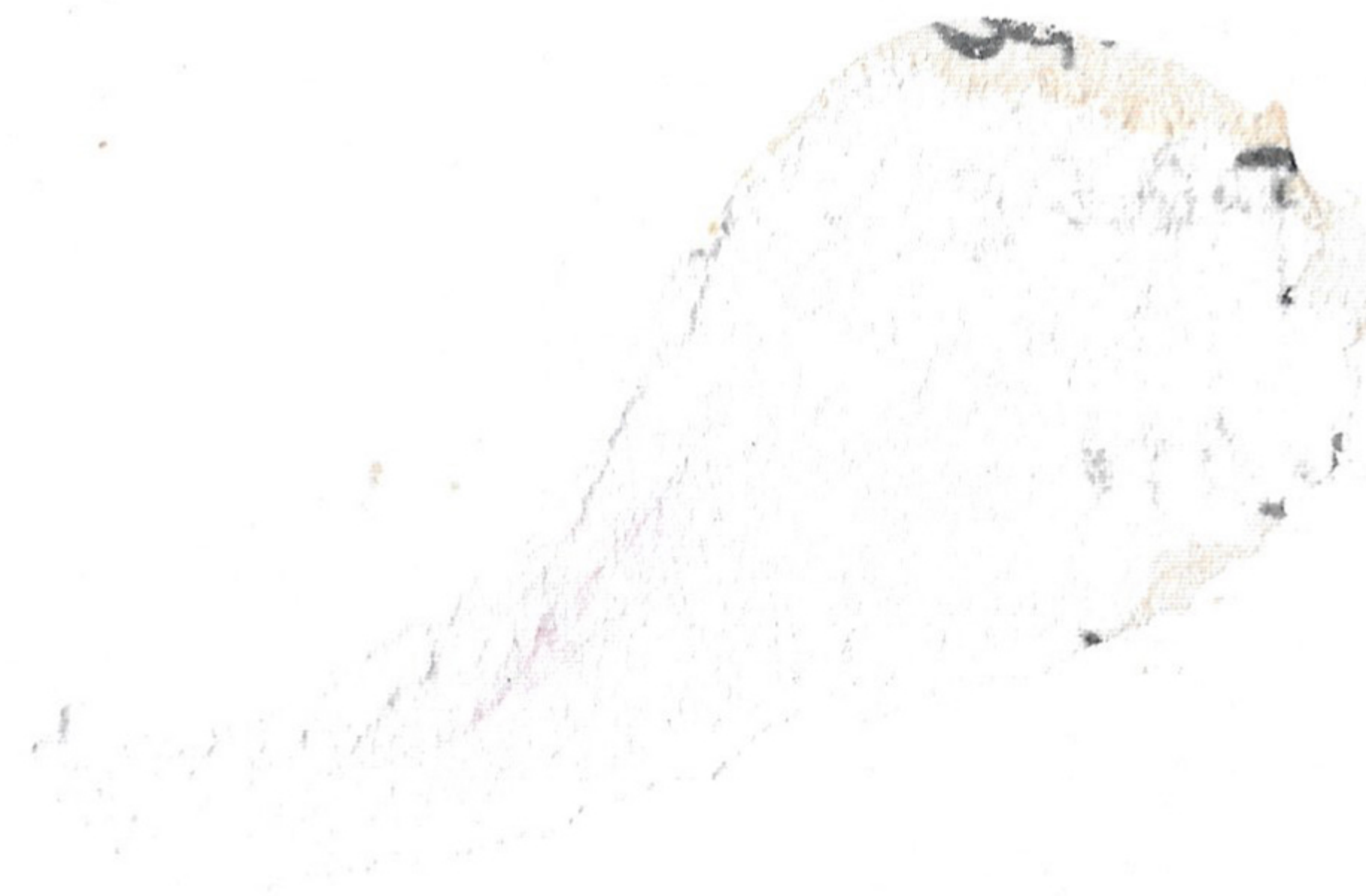


Door.



Inside

Make this
page scented
with sauces.
Yes, sauces!



Fill the
glass with
your favourite
colour.



Dip the
corner of the
page into
your drink.



What countries
did the food
you ate today
come from?

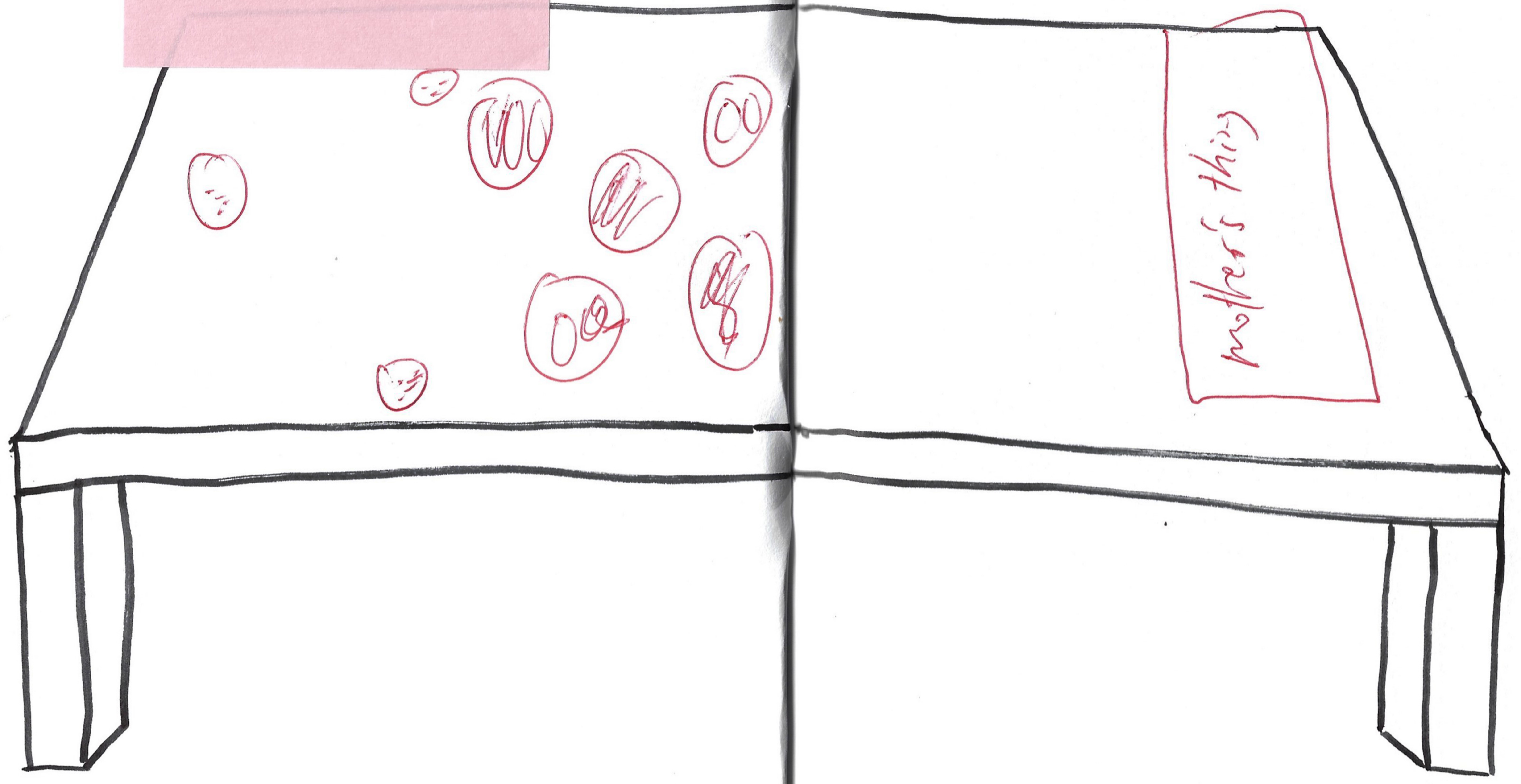
Malaysia

Draw the
place where
you eat
here.

Boon Lay



What's on
your
dining
table?

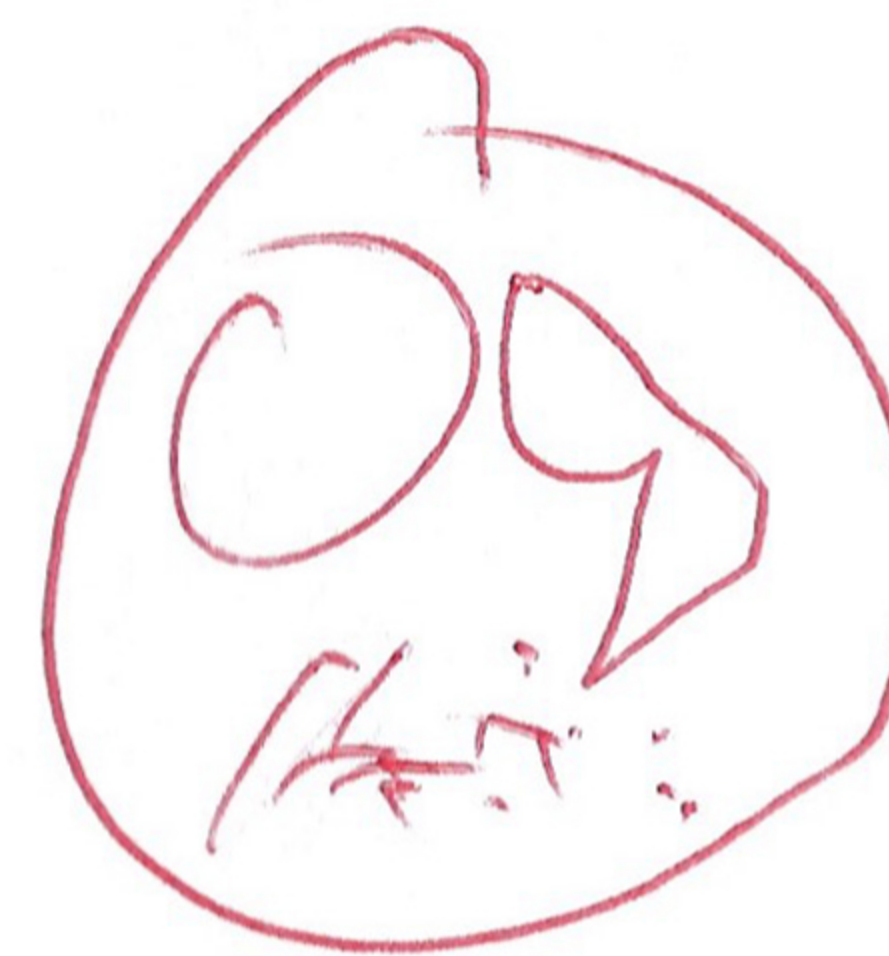


mother's thing

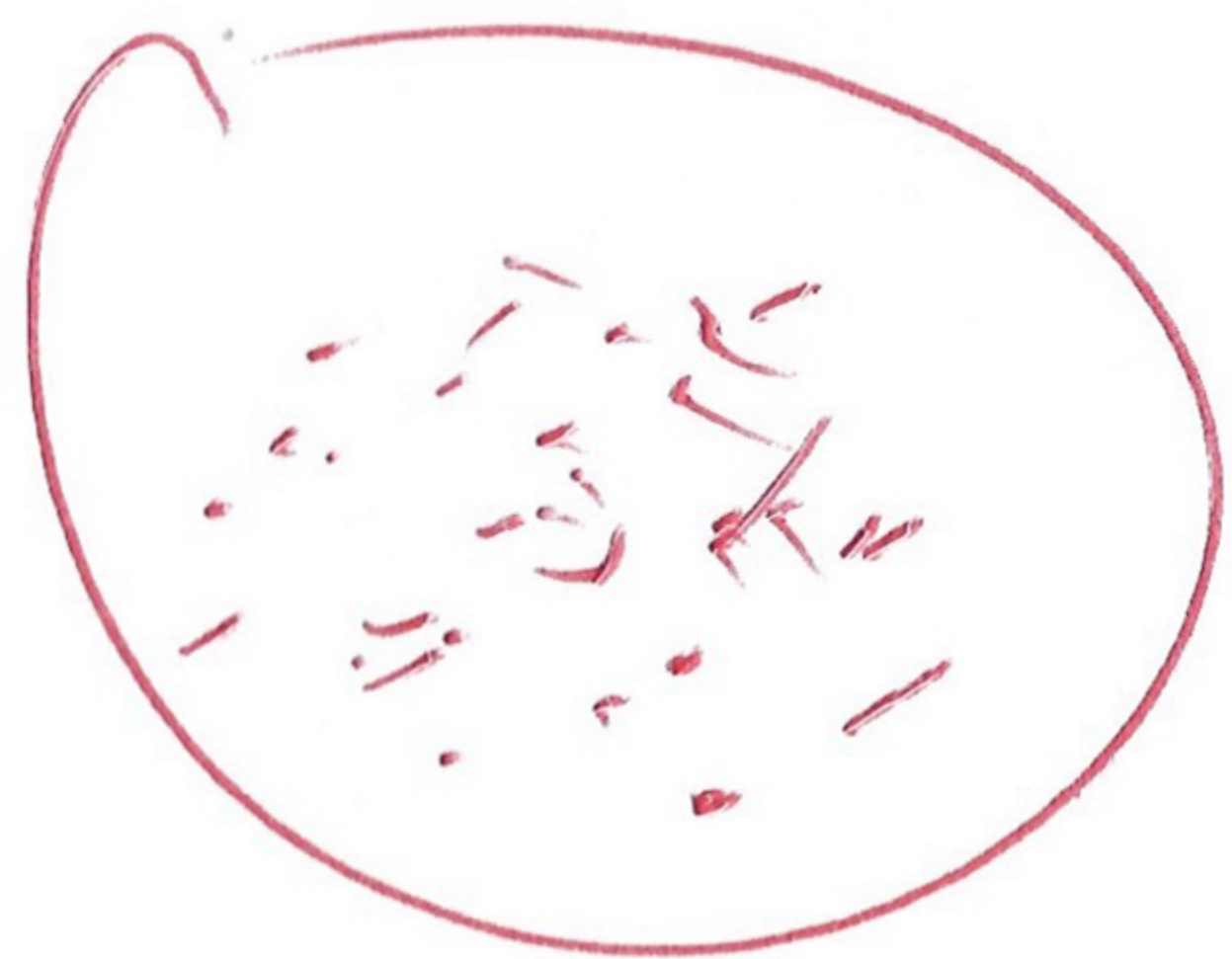
Your top
3 favourite
foods?

Nasi Lemak
Beehoon
orh bak.

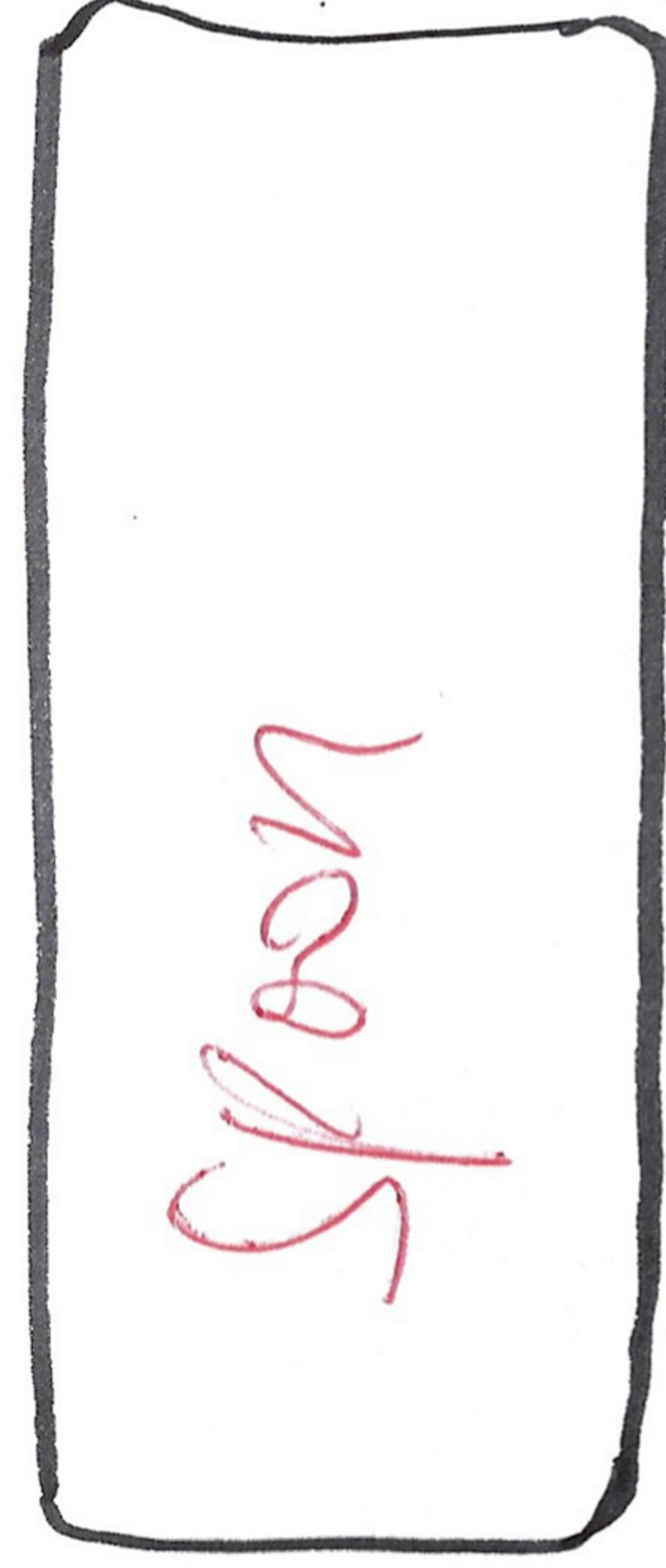
Draw your
last meal
before you
die.



Draw your
favourite
desserts.



Use this page
to clean your
plate after
you finish
your food.



I USE

TO EAT.

Draw the
person you
eat with



What ritual
do you do
before you
eat? (watch TV,
say a prayer, wash
your hands or not.)

watch TV