

THIS IS
WHAT I
EAT AT
HOME

Zay
a

Linn

Htet

Experiment
And
Have Fun !!!



FILL THE
BOWL WITH
ANYTHING.

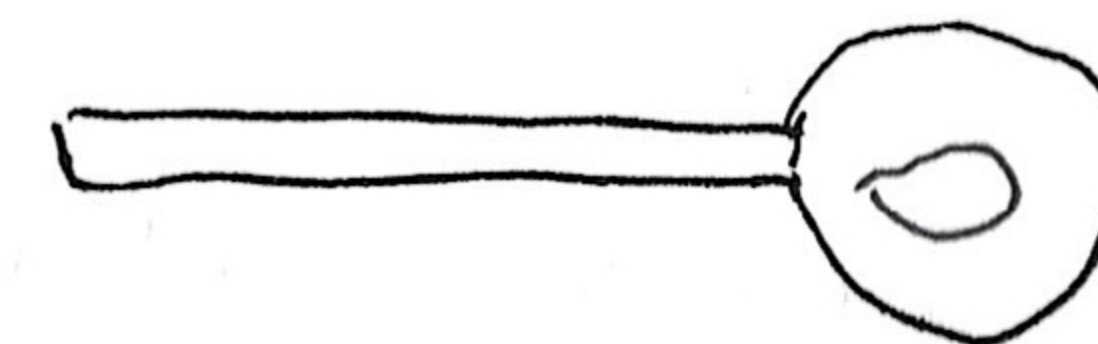
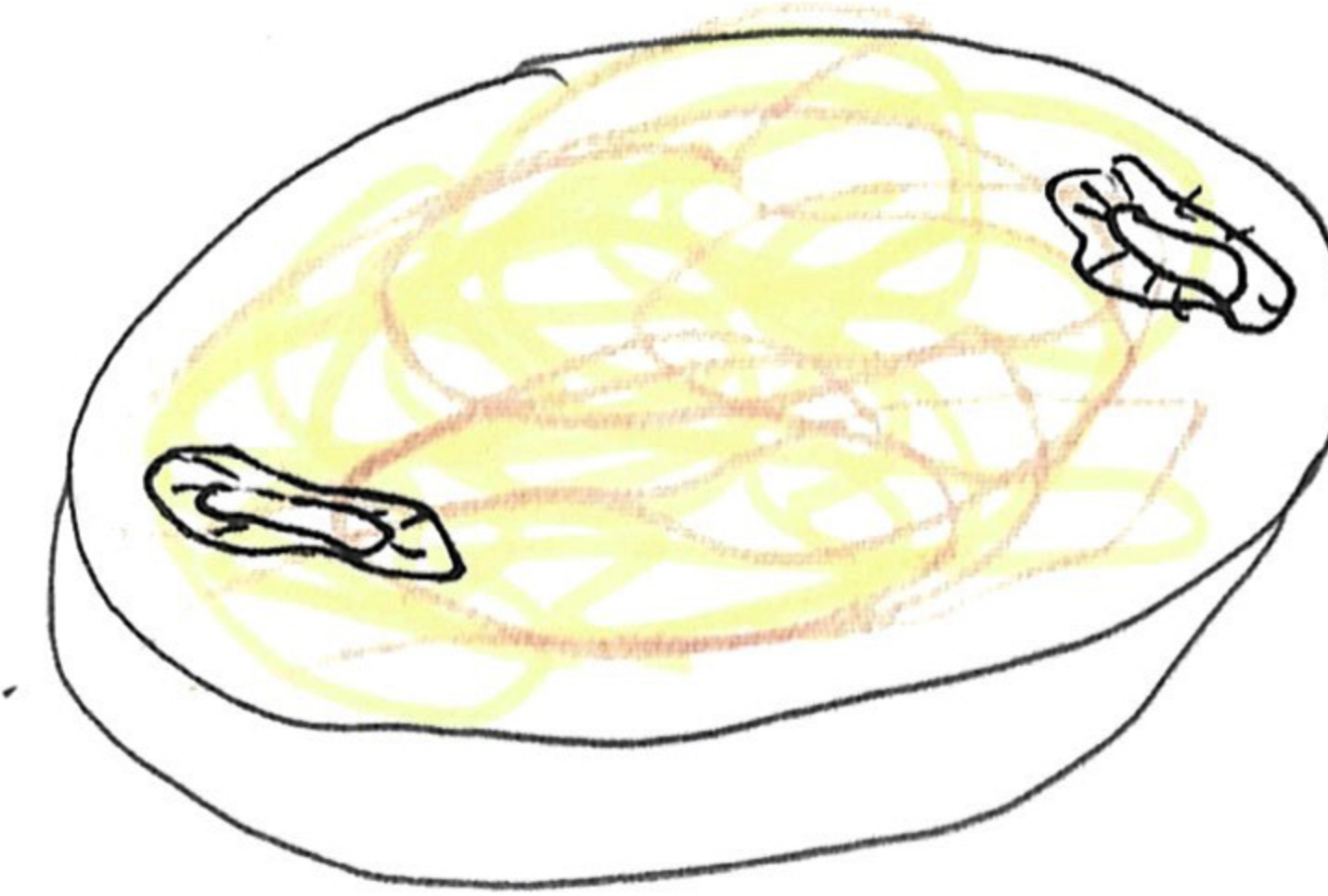


Record your meals for another day in words or drawings.

Date: 1 March 2021

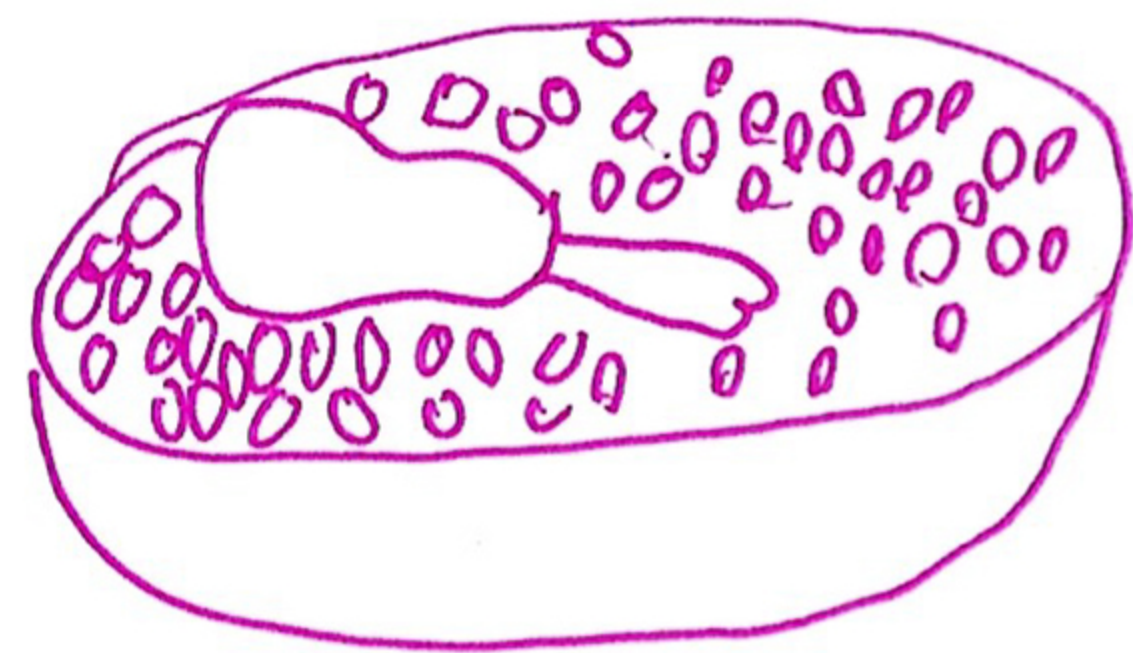
egg and rice

Breakfast



Time: 10.00 am

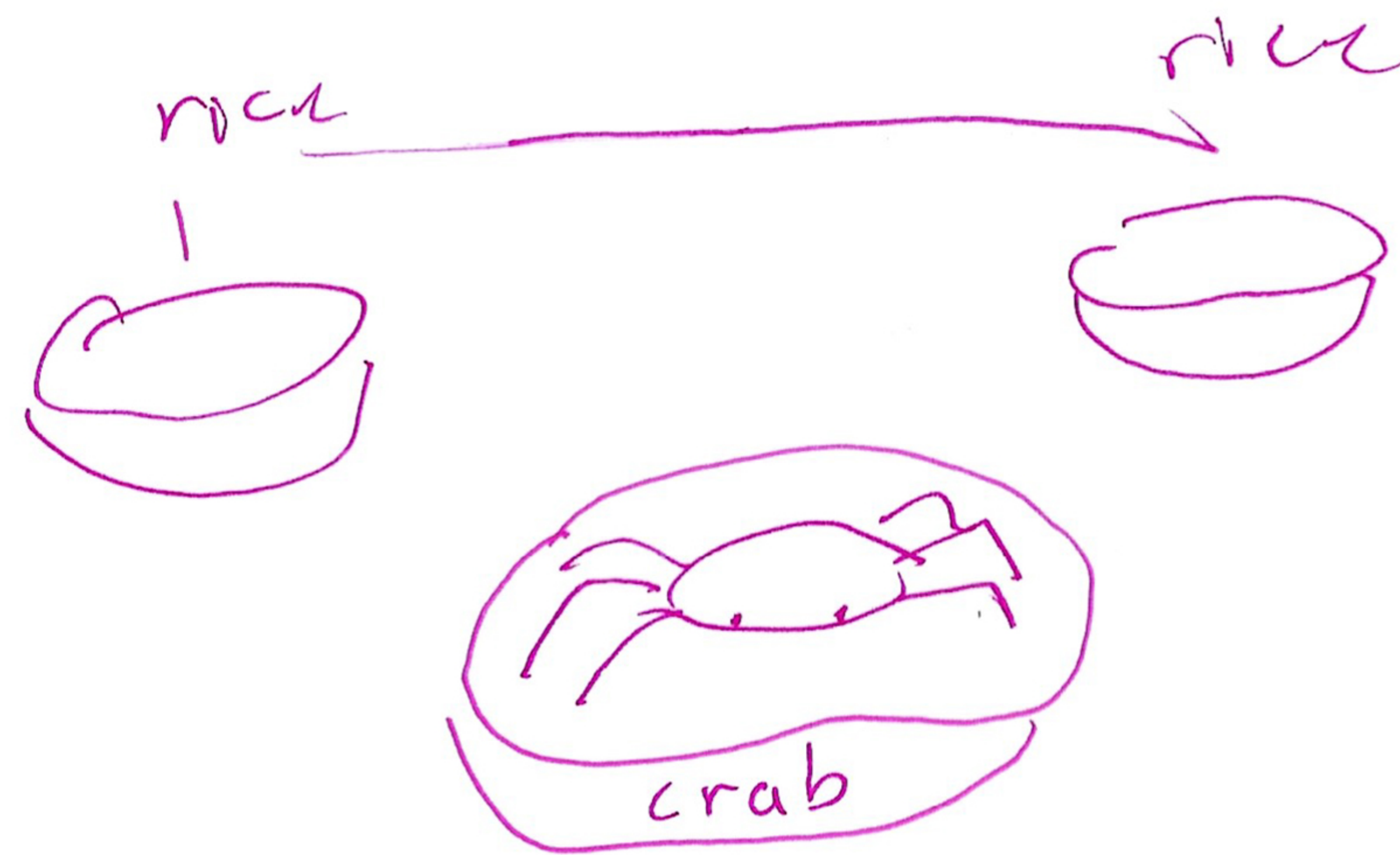
Lunch



rice and chicken

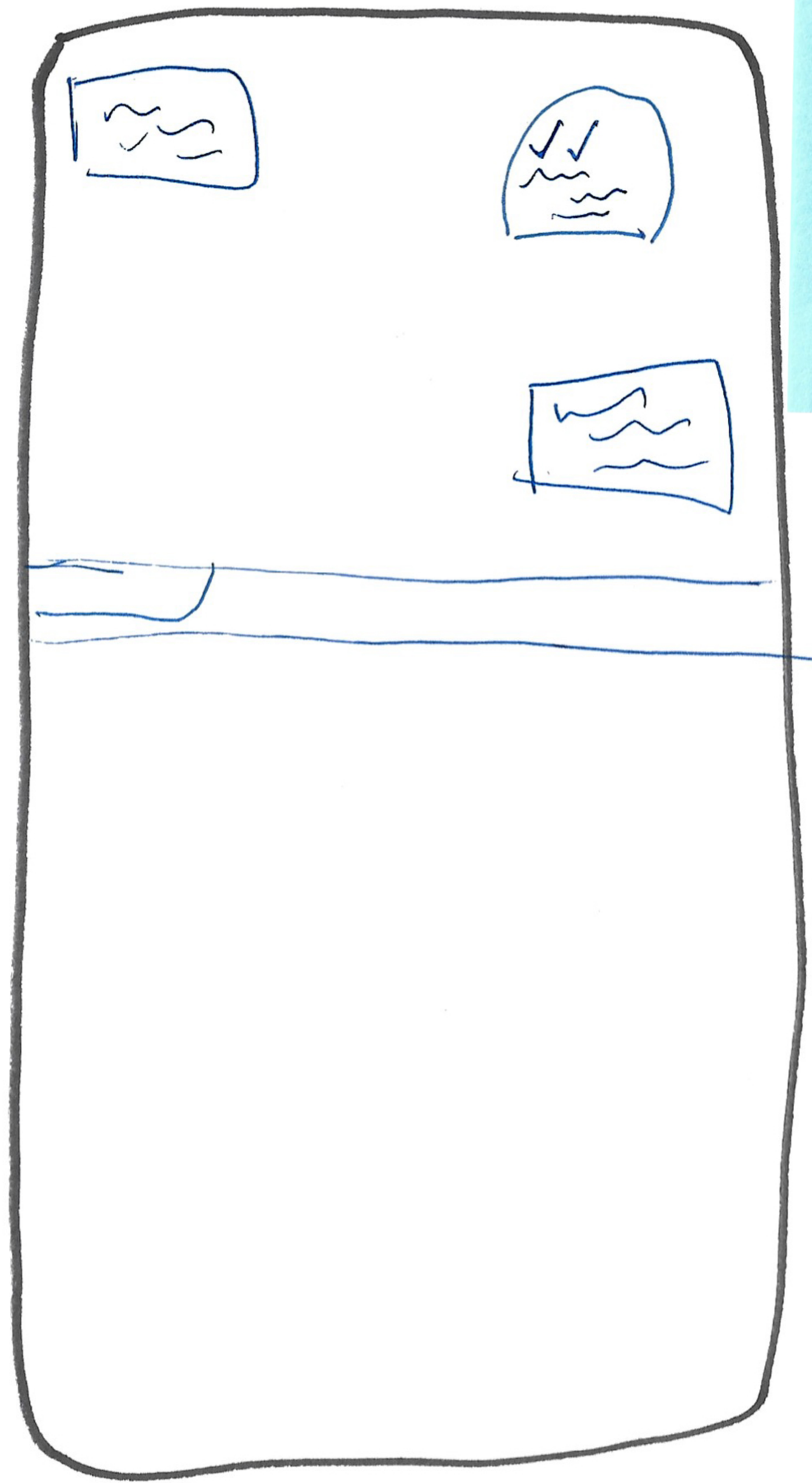
Time: 2.00 pm

Dinner

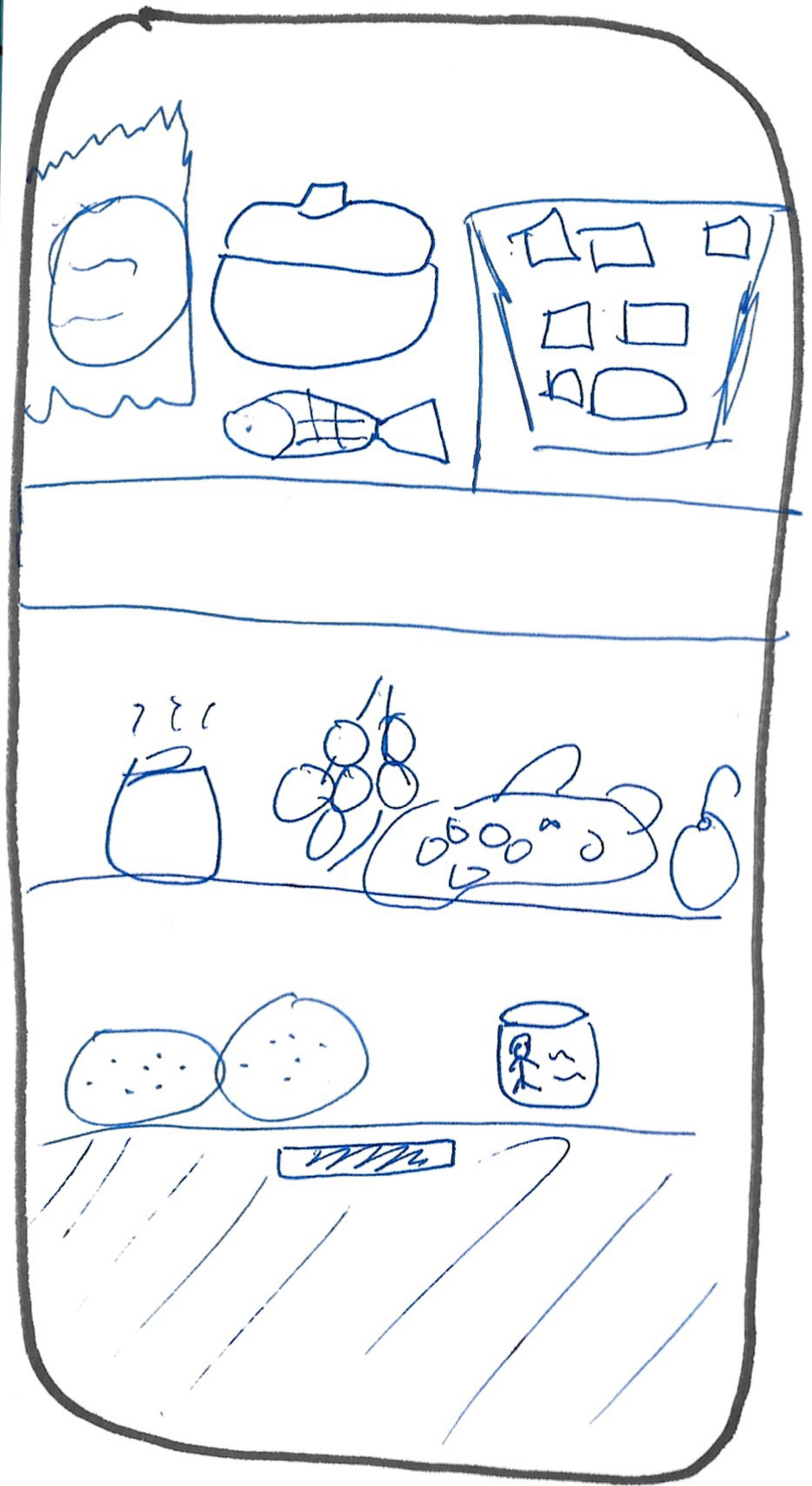


Time: 10.00 pm

DRAW
YOUR
HOME
FRIDGE

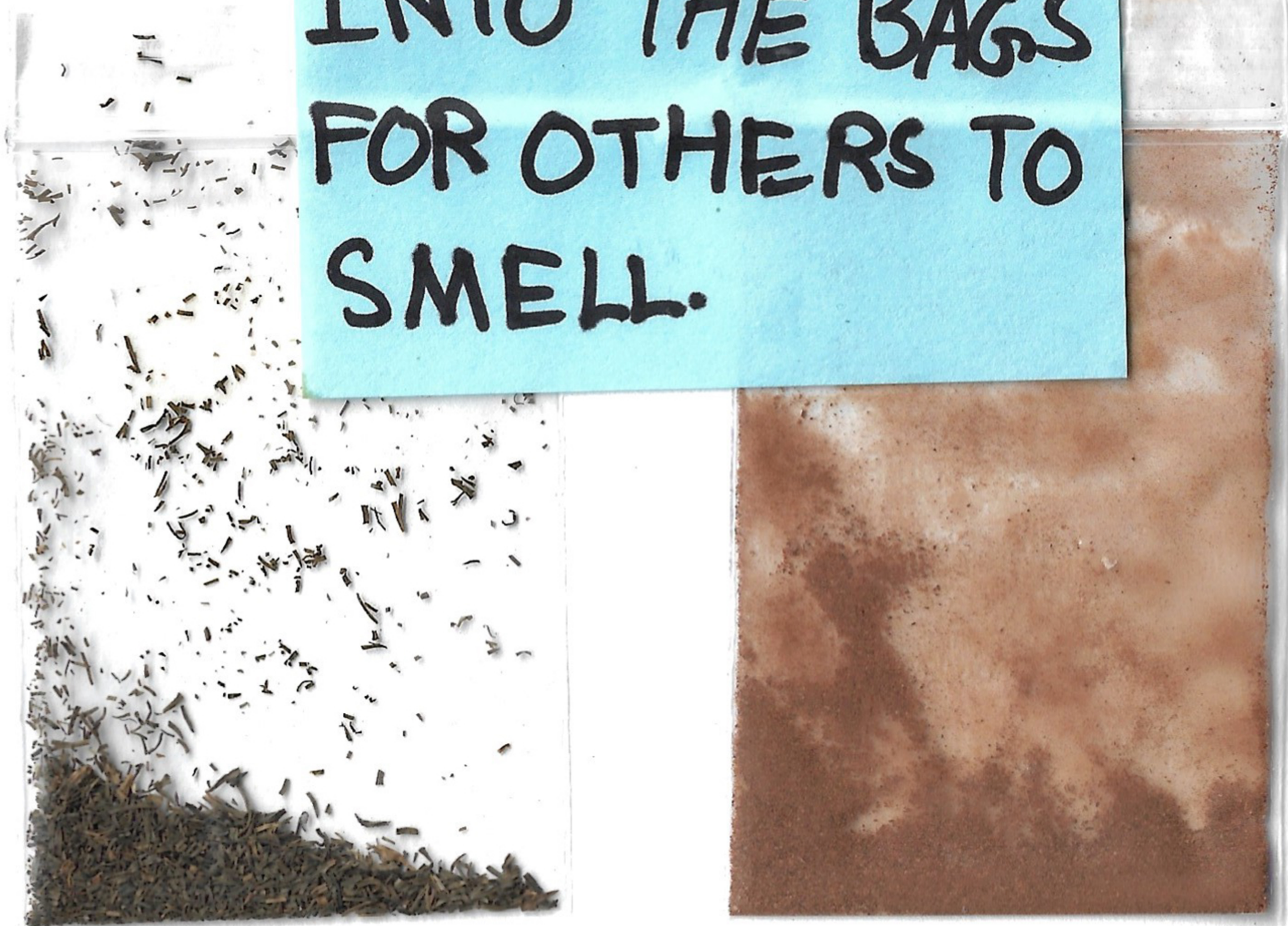


Door



inside

PUT SOME DRY
INGREDIENTS
INTO THE BAGS
FOR OTHERS TO
SMELL.



MAKE THIS
PAGE SCENTED
WITH SAUCES
YES. SAUCES!



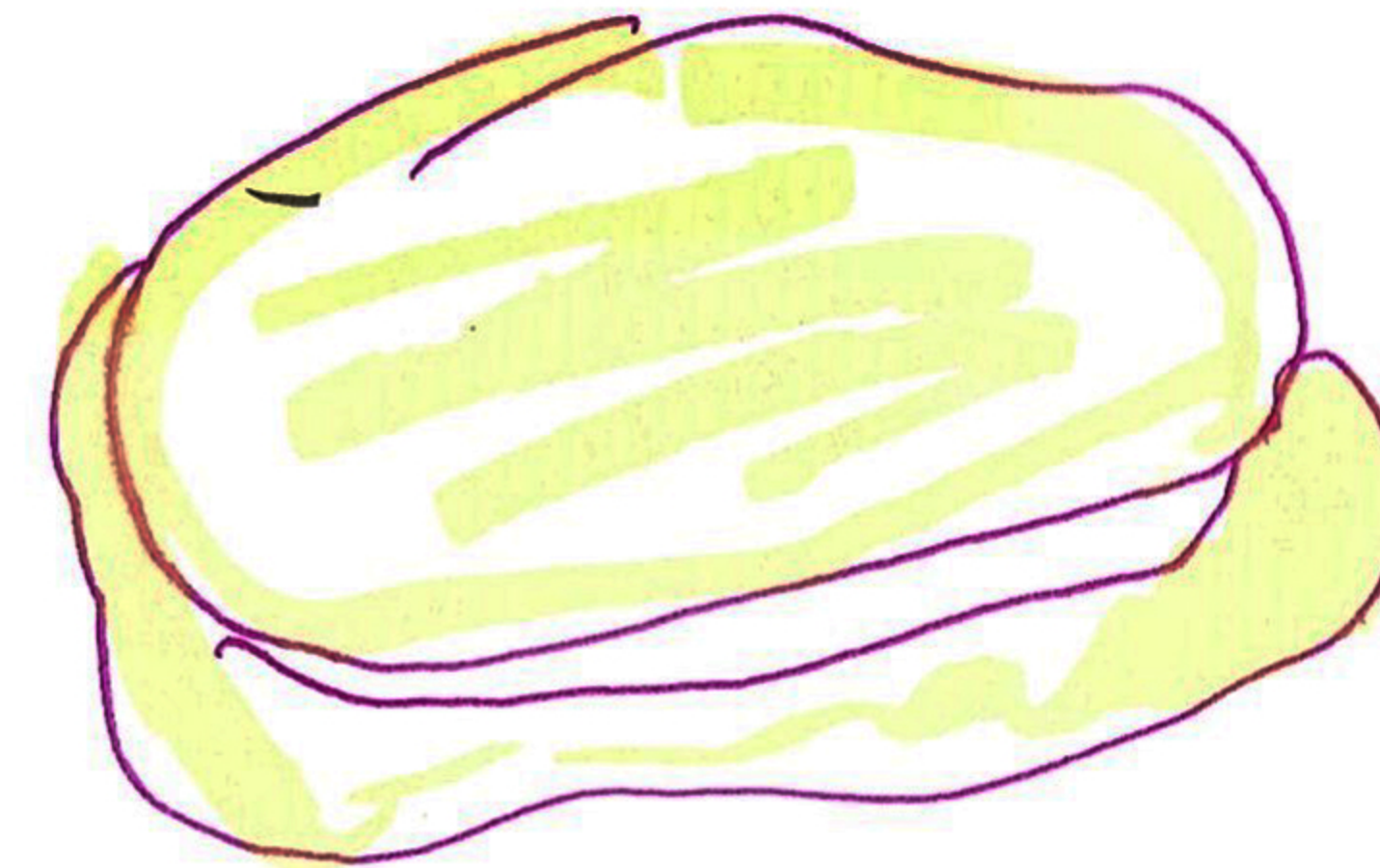
RECORD YOUR
MEALS FOR A
DAY IN WORDS
OR DRAWINGS.

Date: 23 April 2021

Kimchi fried rice

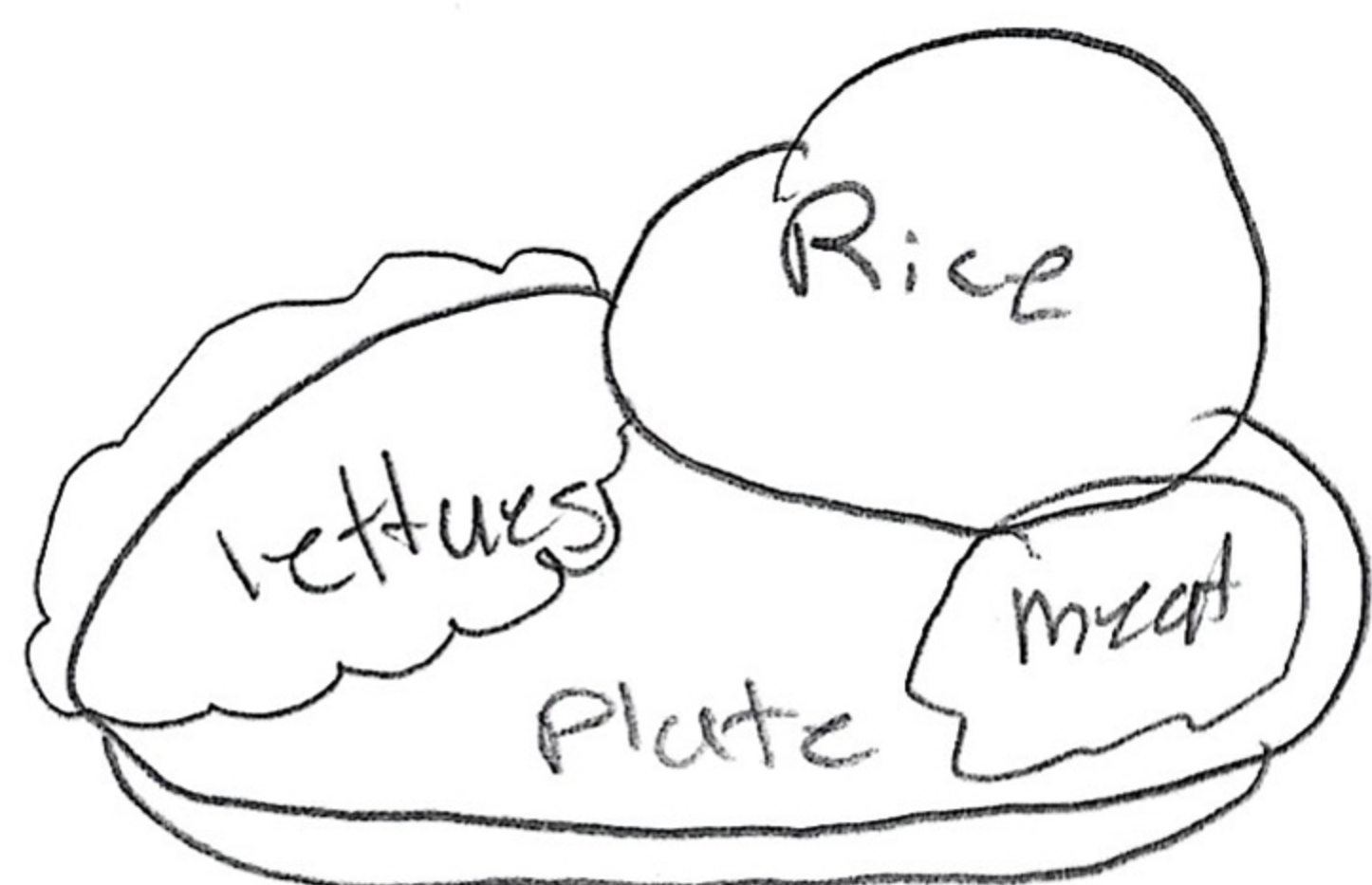
Breakfast

Sandwich



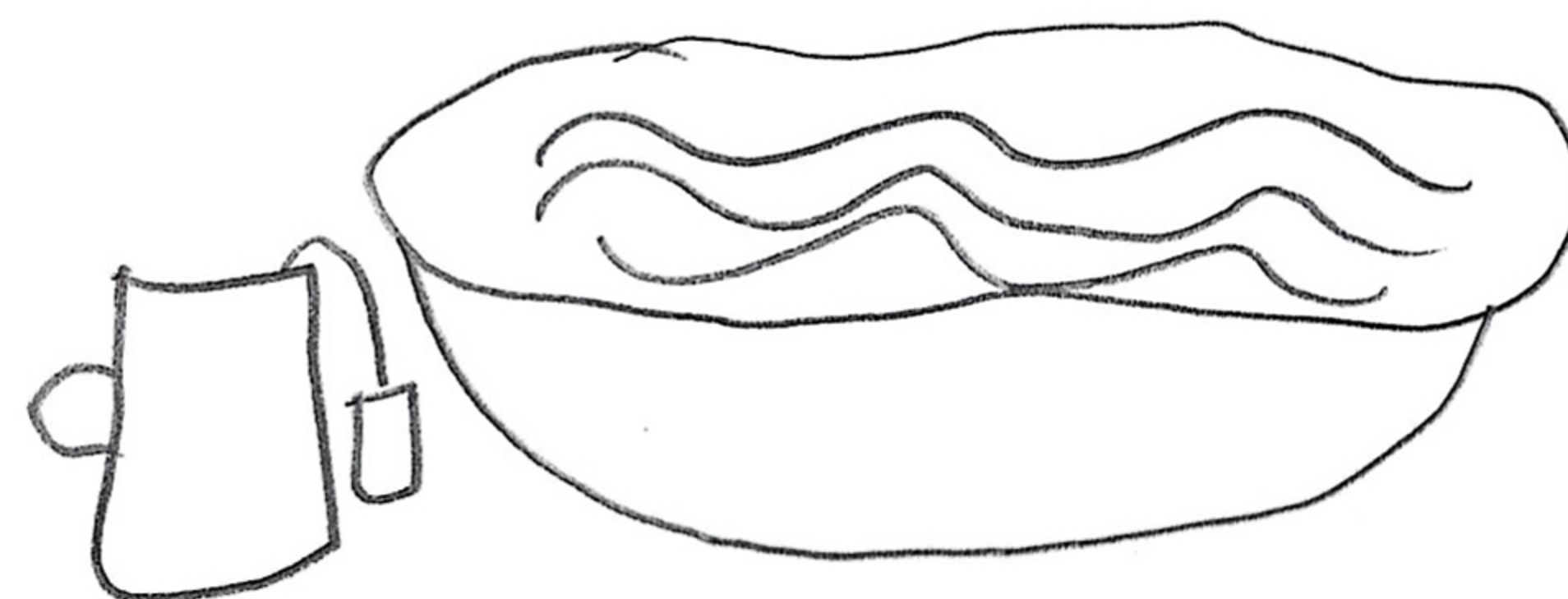
Time: 8.00am

Lunch



Time: 1.30 p.m.

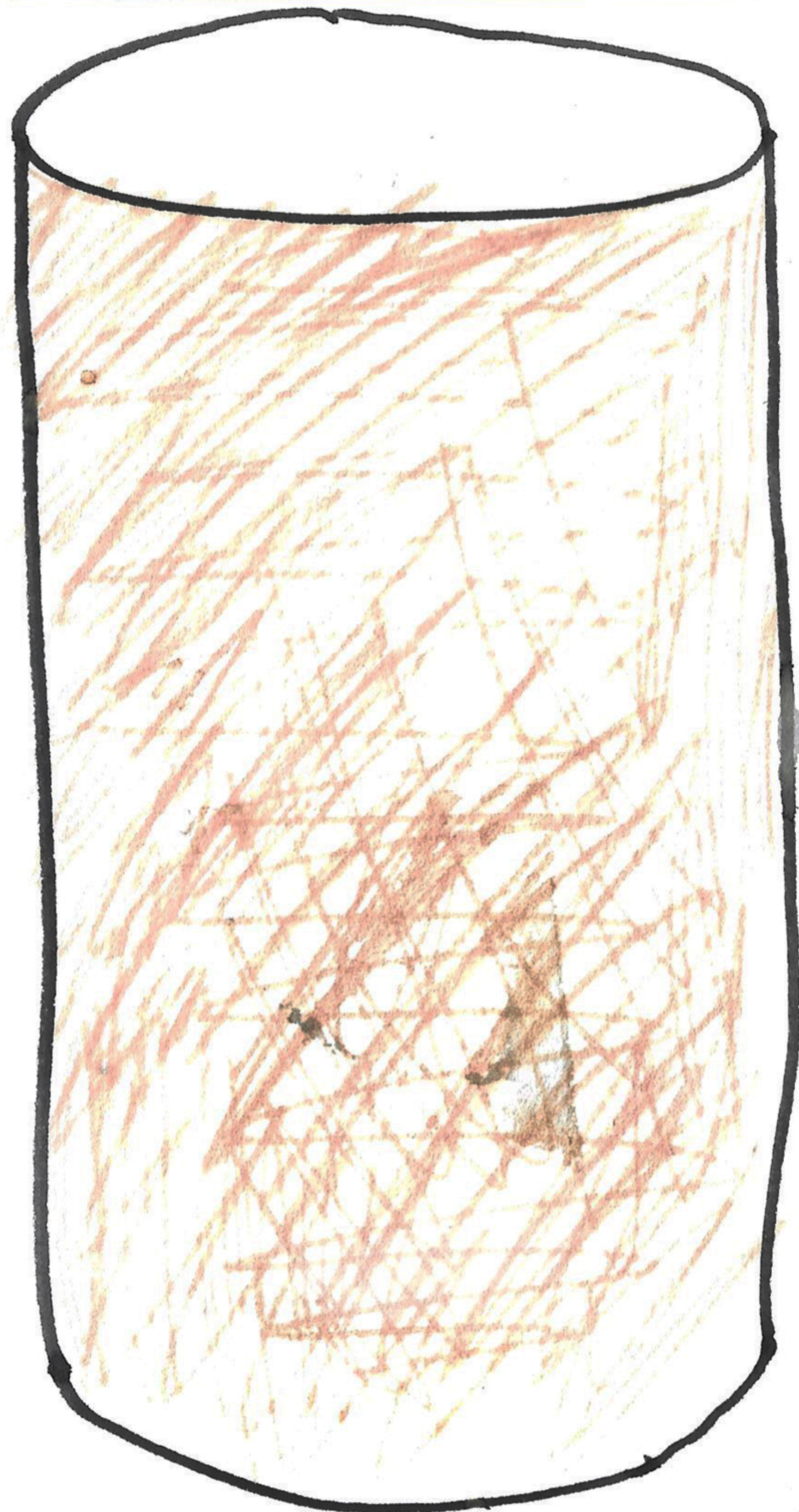
Dinner



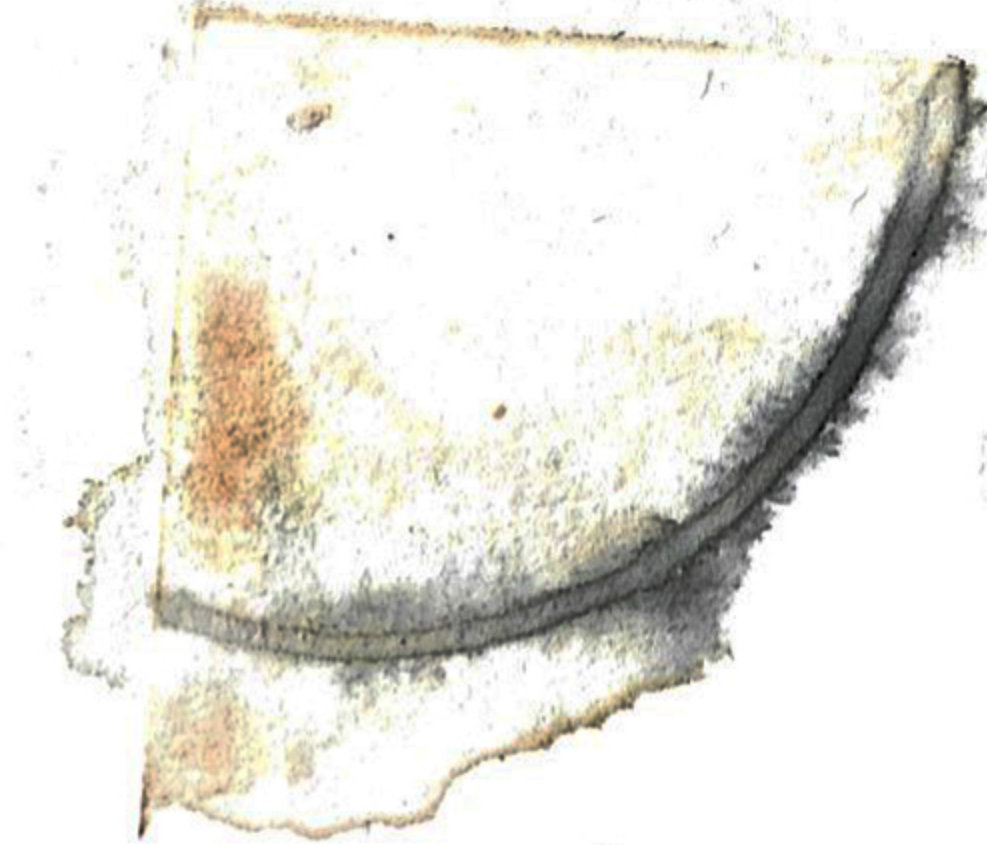
Noodles and Tea

Time: 8.30 p.m.

FILL THE GLASS
WITH YOUR
FAVOURITE COLOUR!

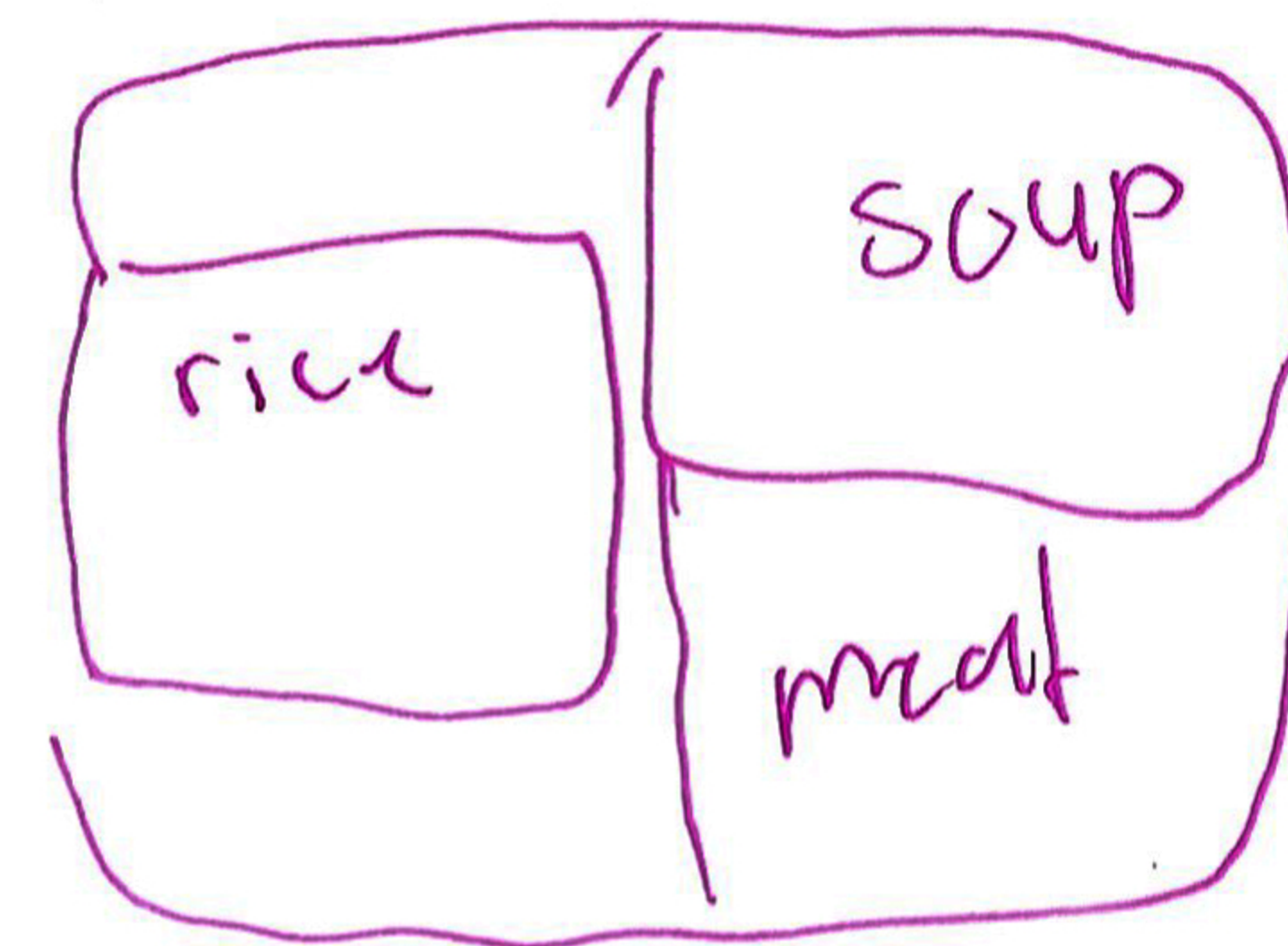


Dip the corner
of the page into
your drink



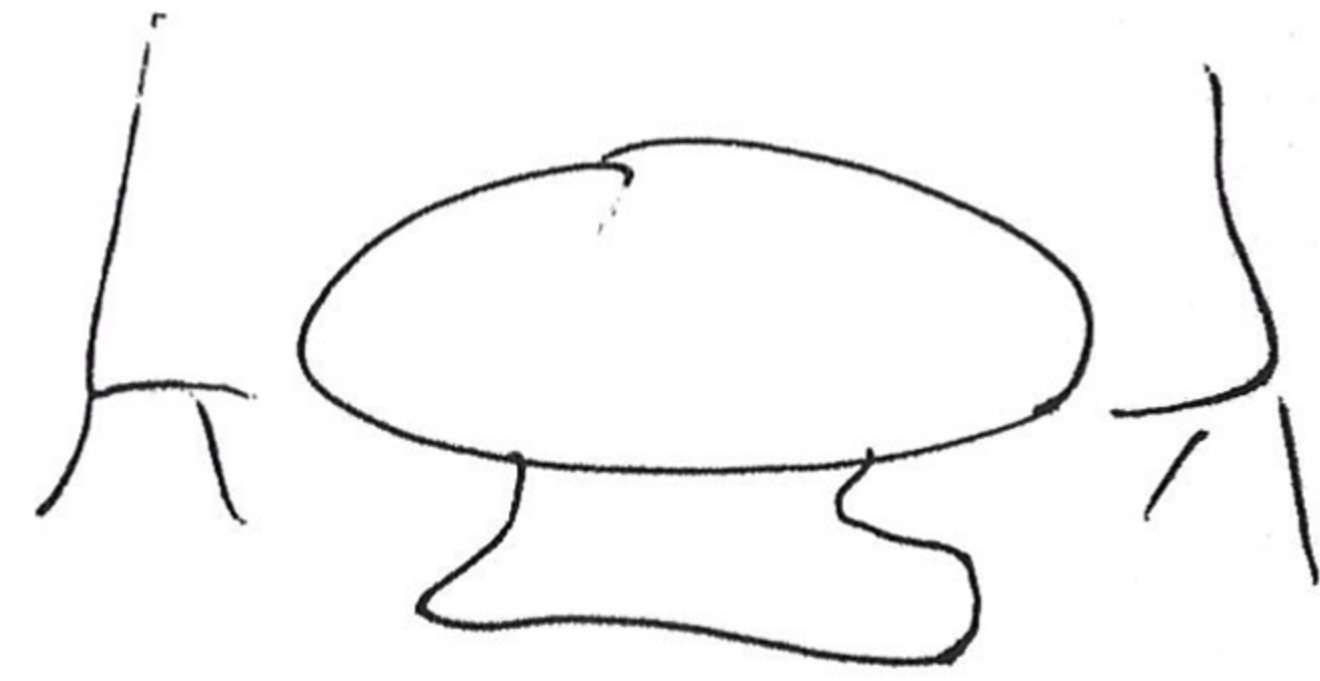
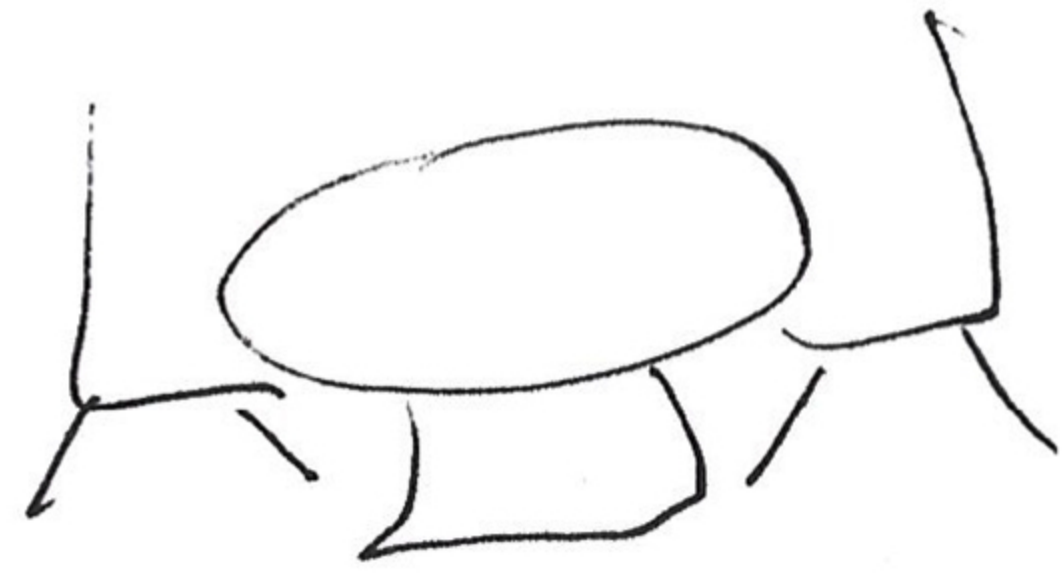
What countries
did the food you
ate today come
from.

Japen

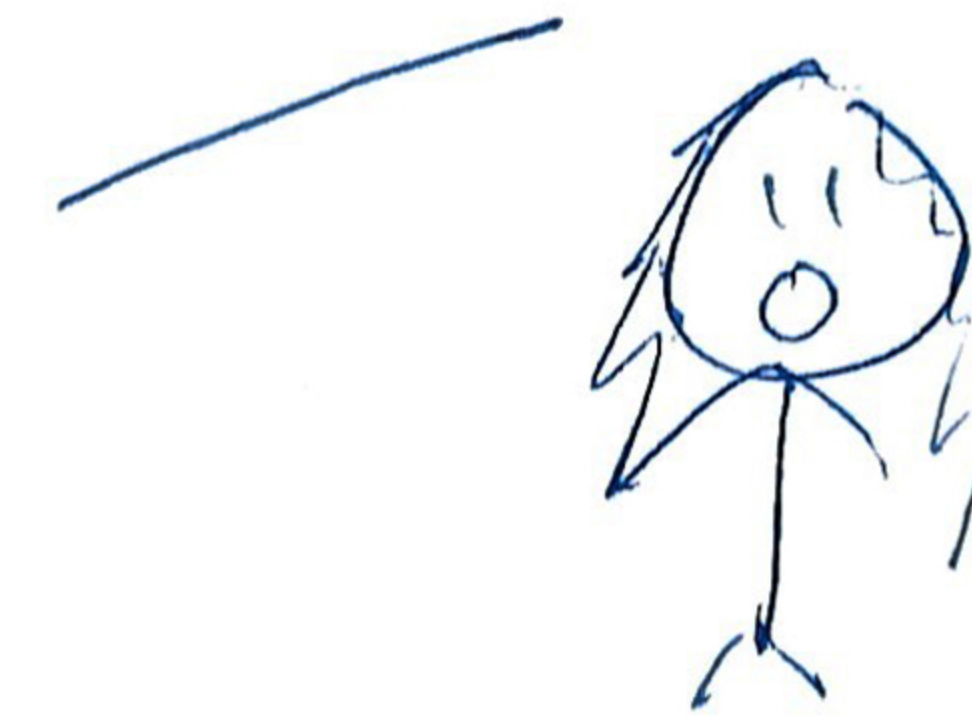
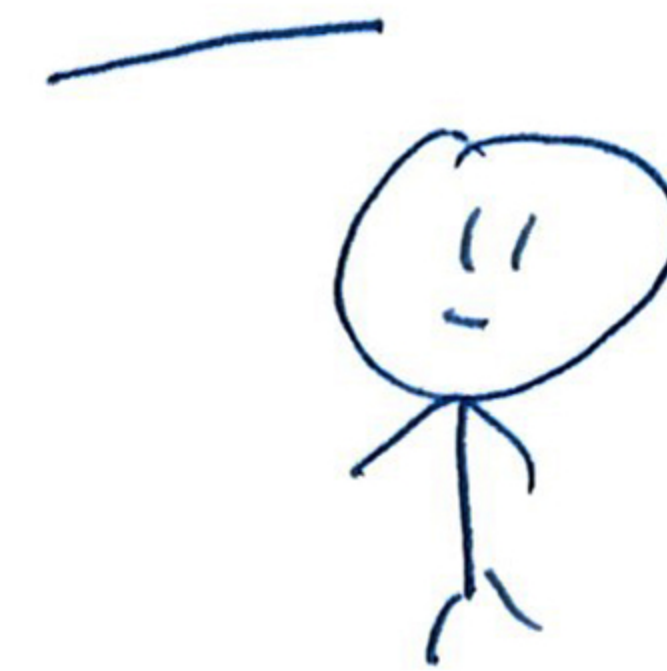


bento

DRAW THE
PLACE WHERE
YOU EAT
HERE.



Hoker
sintro

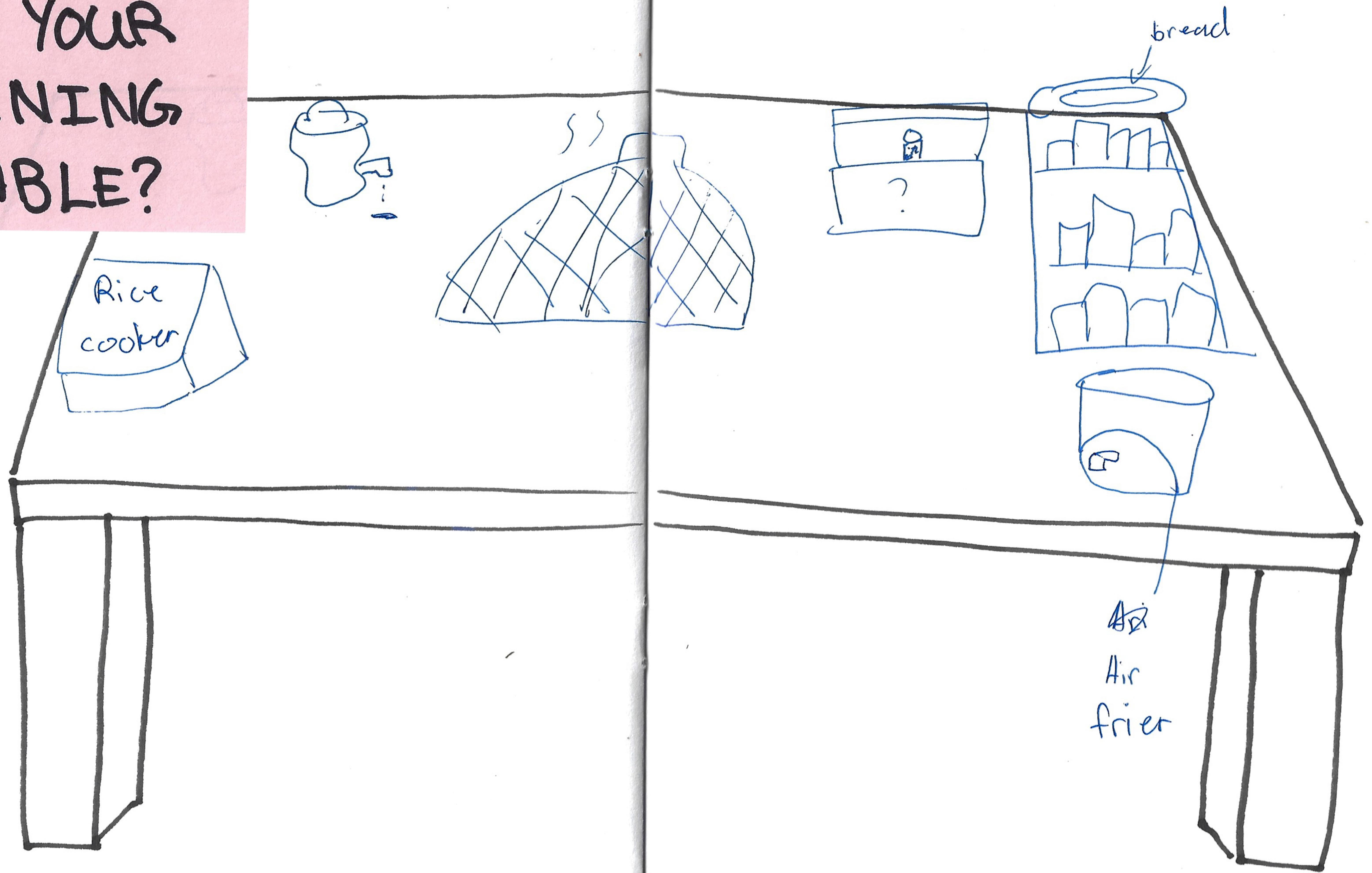


1

MAKE ANOTHER
COLLAGE ART
FROM FOOD
PACKAGES.

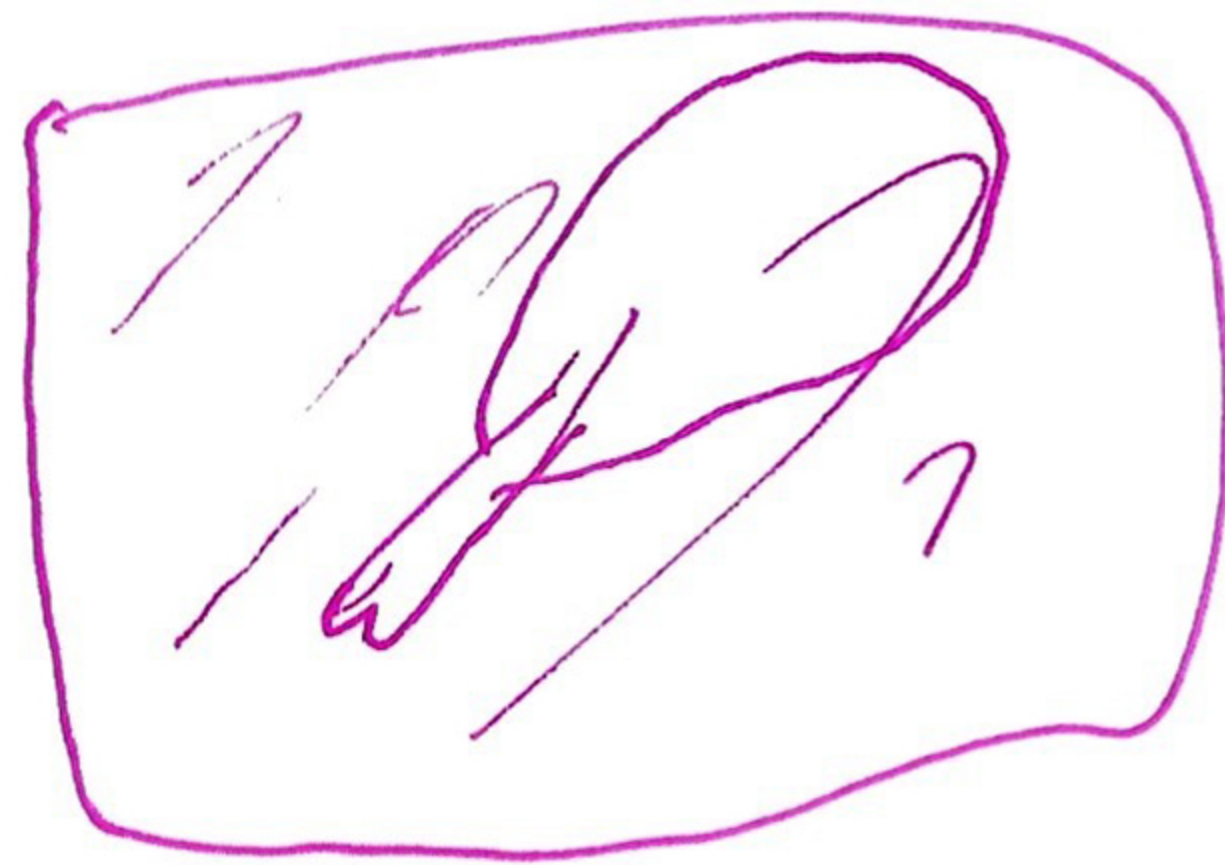


WHAT'S ON YOUR DINING TABLE?

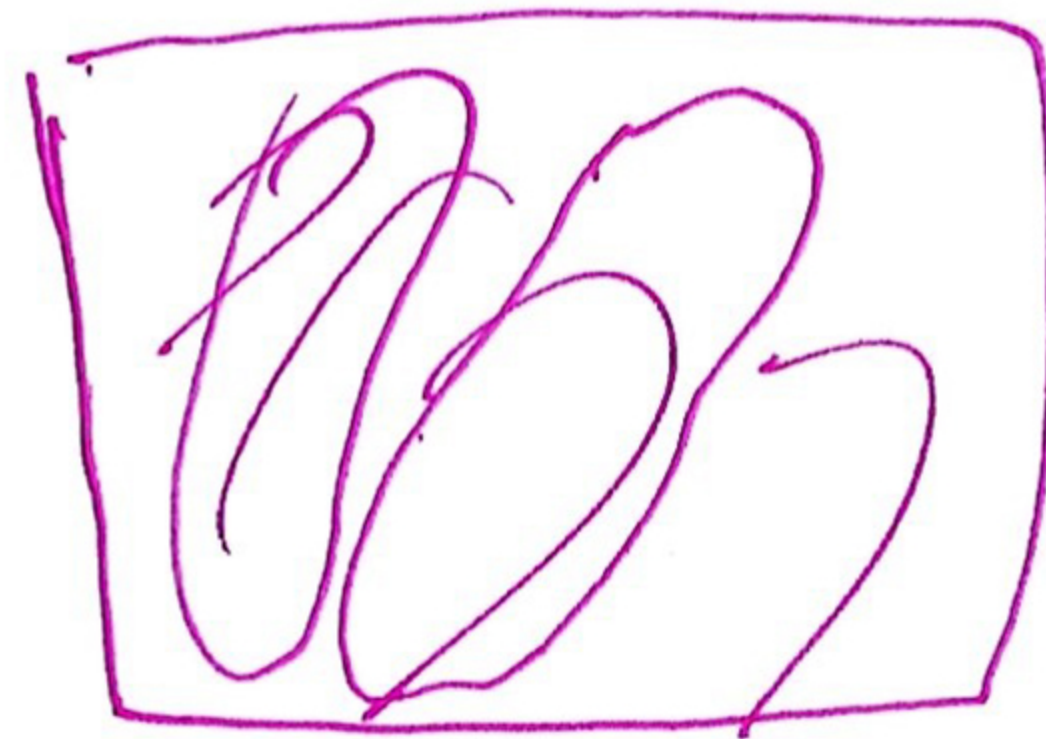


YOUR
TOP THREE
FAVOURITE
FOODS
HERE!

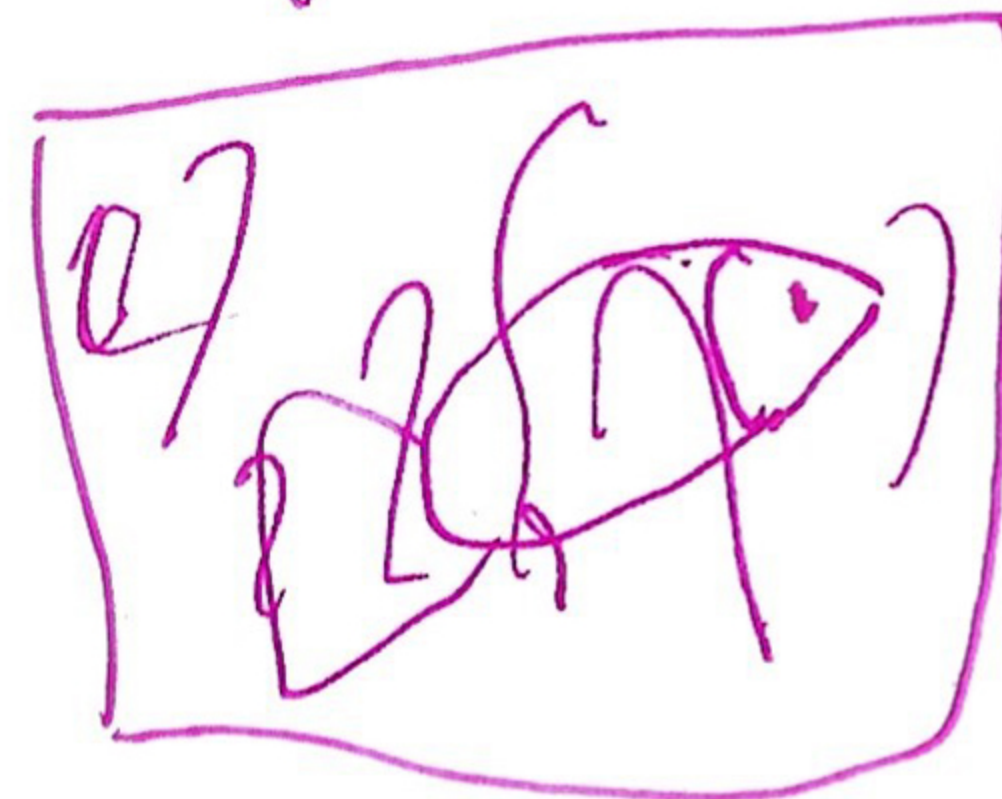
chicken



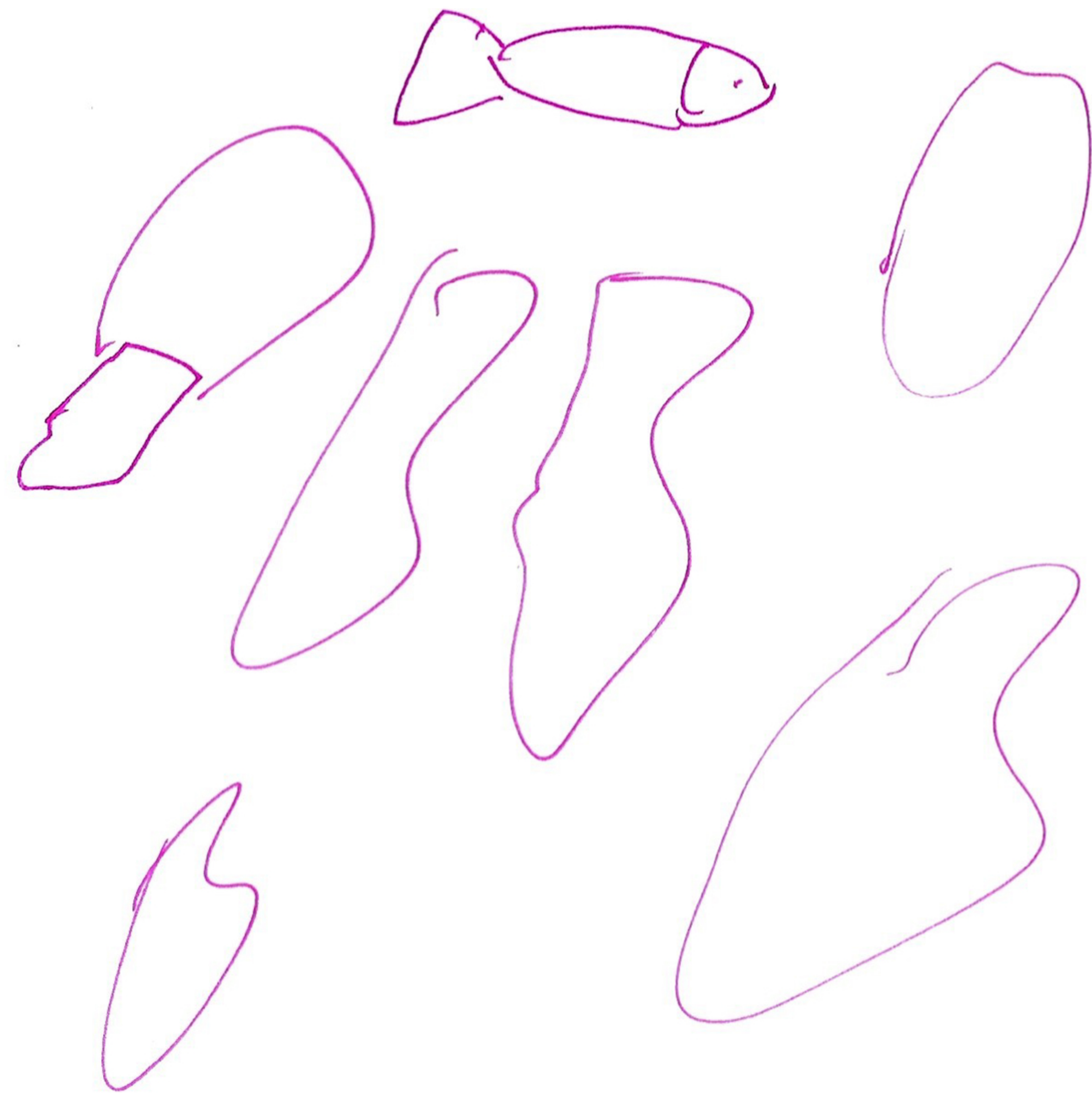
bacon



fish

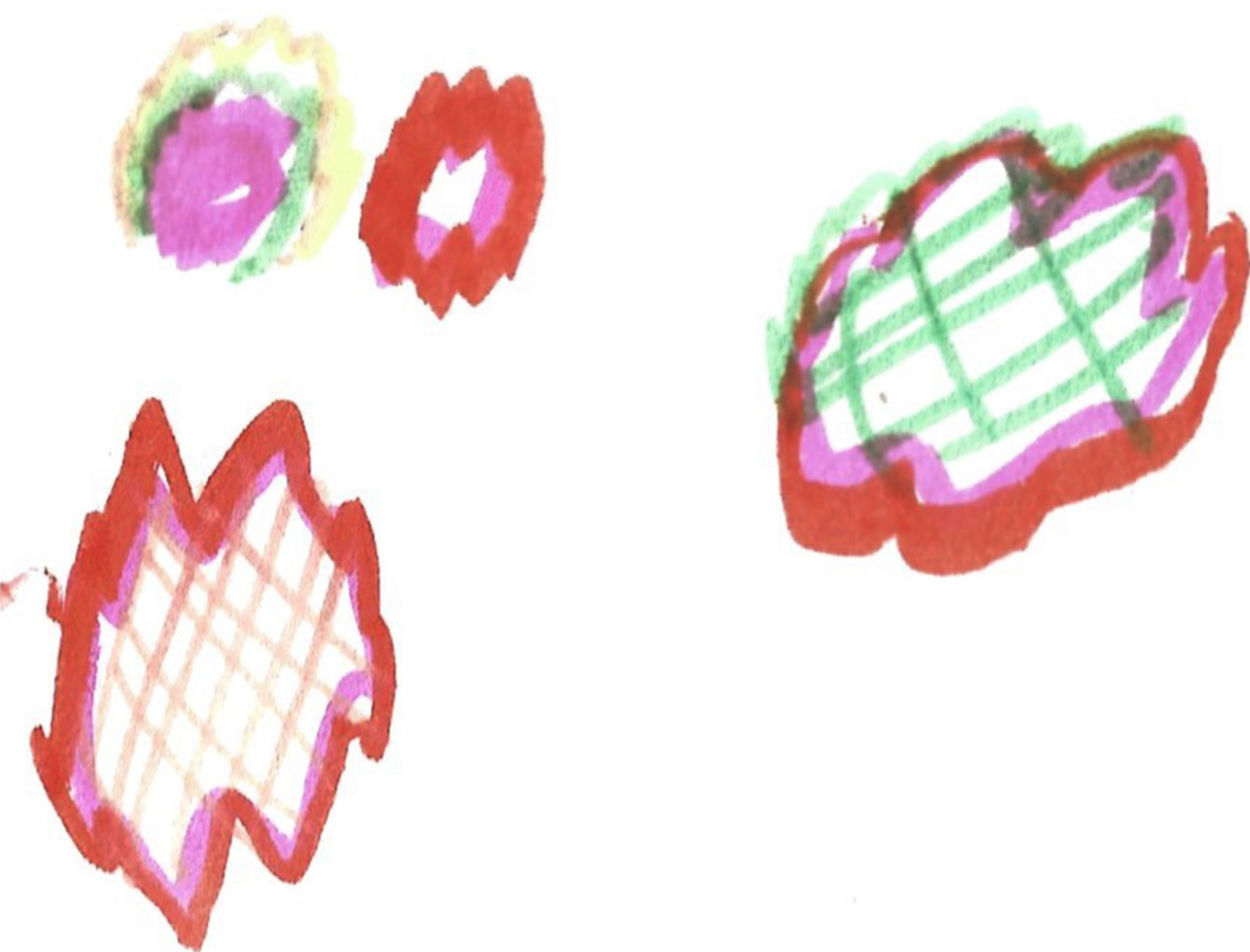


DRAW
YOUR
LAST MEAL
BEFORE YOU
DIE.



fish, chicken and bacon

WHAT IS THE
FICTIONAL FOOD
YOU SAW ON TV
THAT YOU WANT
TO EAT?



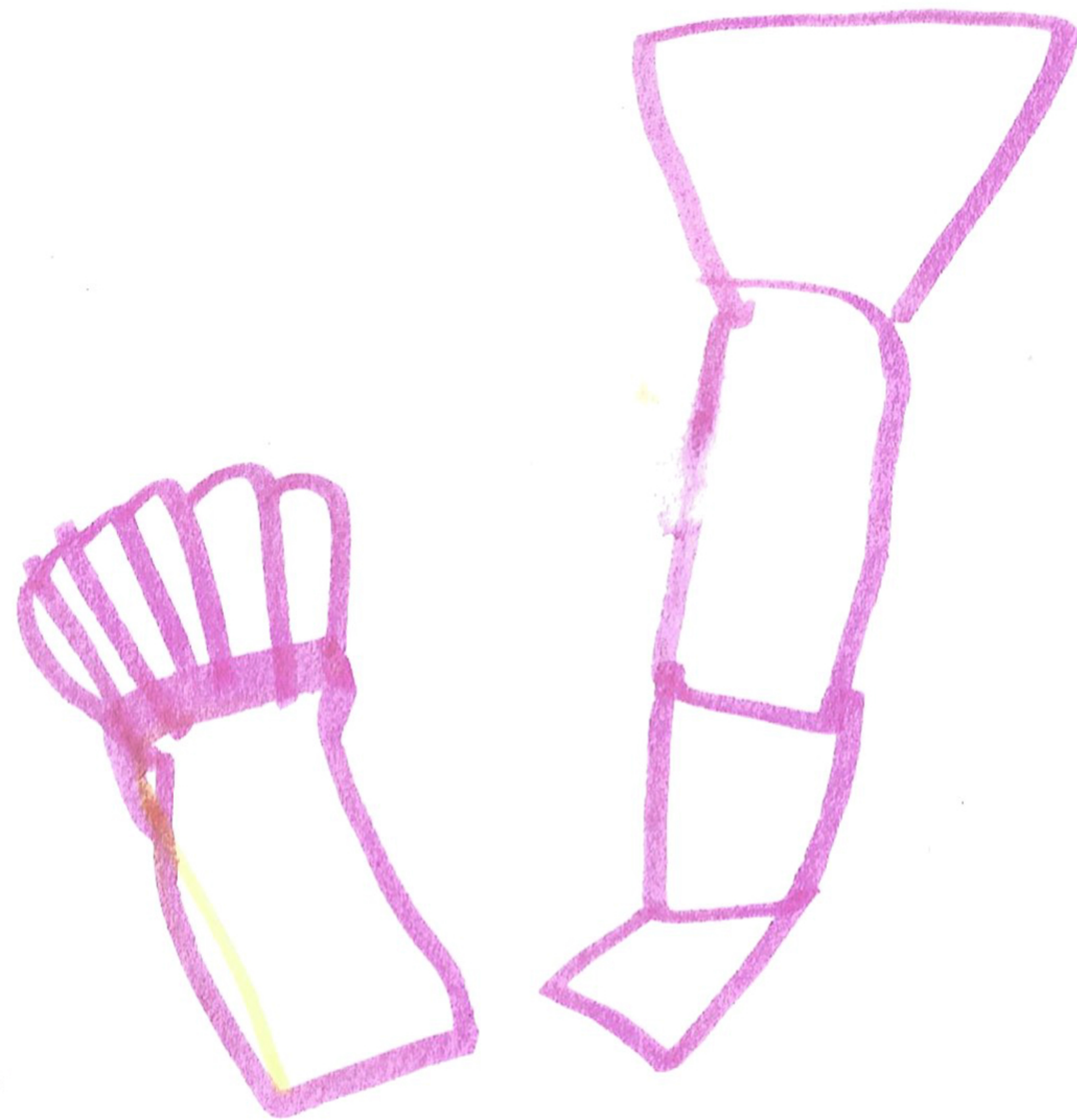
Sushi ♡

DRAW 3
OF YOUR
FAVOURITE
DESSERTS.



USE THIS PAGE
TO CLEAN YOUR
PLATE AFTER
YOU FINISH
YOUR FOOD.

Draw interesting
tools you use
to cook with.



Design the
ultimate eating
cutlery.



Spoon

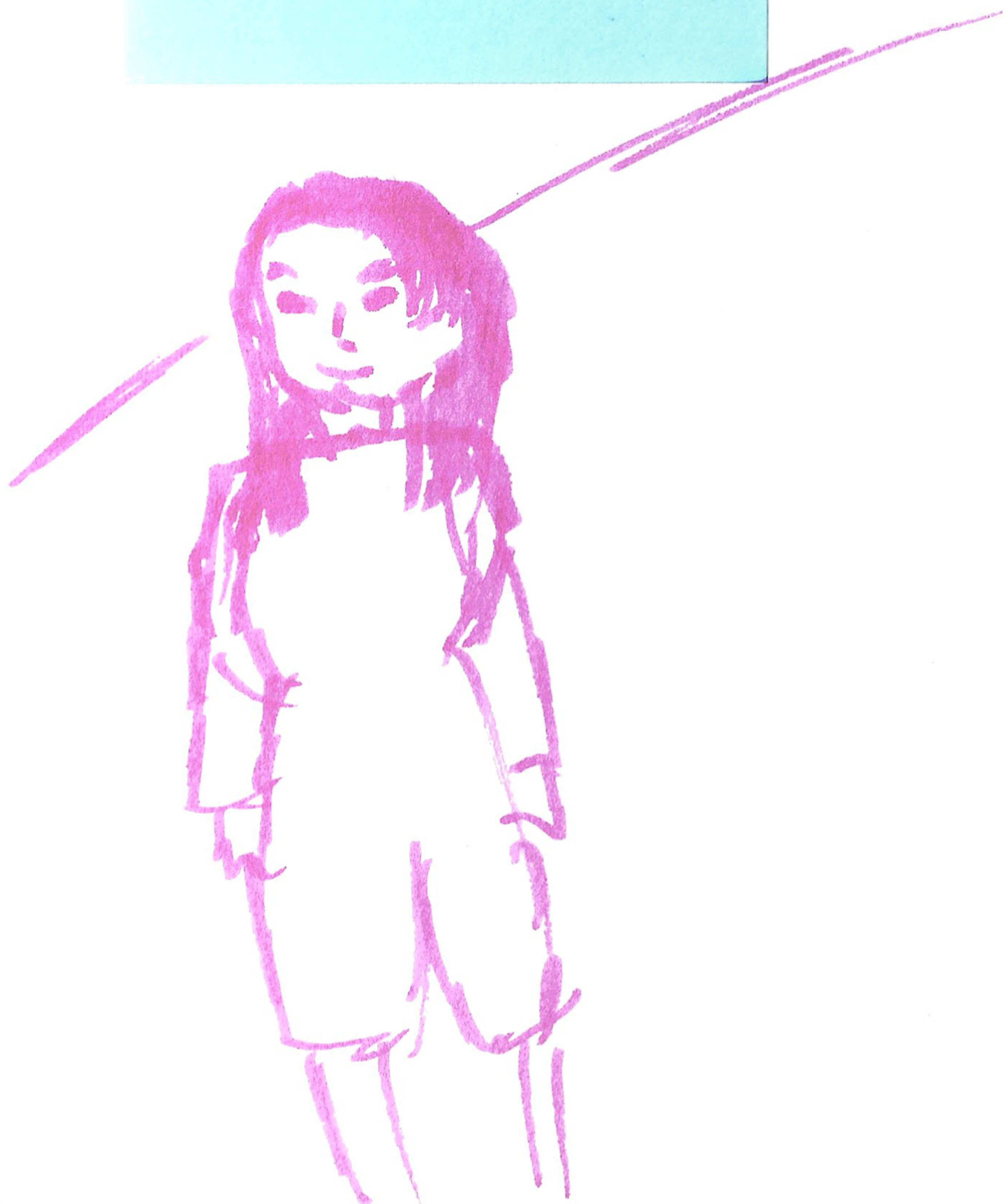


Knife



Fork

Draw the
person you
eat with:



WHAT RITUAL
DO YOU DO
BEFORE YOU

EAT? (Eg. Choose a TV
programme,
say a prayer,
wash your hands)

Take pics 😊